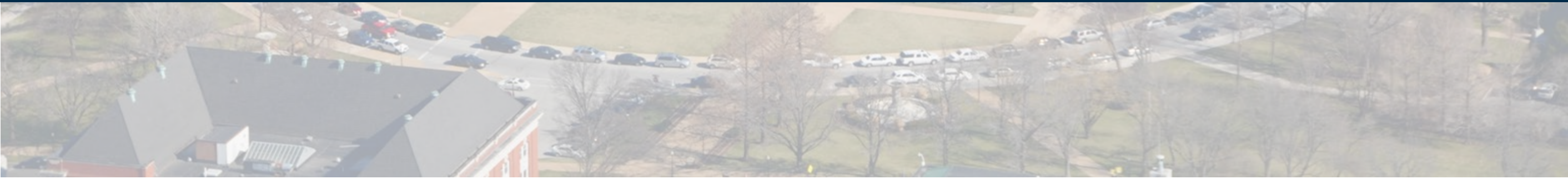




Master Plan on Aging: Family Caregiver Subcommittee

Subcommittee Kick-Off Meeting (April 6, 2023)



Agenda

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Introduction of the Co-Chairs and Subcommittee Members

Co-Chairs

Director Knodell

Prior to his appointment as Director of Missouri's Department of Social Services in 2021, Robert Knodell served as the Acting Director of the Missouri Department of Health and Senior Services. Mr. Knodell served as Deputy Chief of Staff to Governor Parson since 2018 and was an integral part in the state's COVID-19 response efforts and vaccine rollout and distribution.

Sarah Lovegreen

As Vice President of Programs for the Alzheimer's Association of Greater Missouri, Sarah Lovegreen leads efforts to expand care and support for people impacted by the disease. This work includes individualized support for those affected by dementia, community outreach and education, healthcare engagement and population level strategies to increase access to services. Last year, she served on the Missouri Alzheimer's State Plan Task Force and is pleased to continue to support Missourians by serving on the Missouri Master Plan on Aging Advisory Council. Sarah has worked in aging services since 2006 expanding evidence-based practices to improve the health and quality of life in older adults. She has a Masters in Public Health from Saint Louis University and is a Master Certified Health Education Specialist. Outside of work, Sarah enjoys day hikes, visiting the beach and spending time with family and friends. She also volunteers at her children's school on the PTO.

Subcommittee Membership

Sarah Albin, Mid-America Regional Council (MARC)
Area Agency on Aging

Deanna Alonso, Central MO Foster Care and
Adoption Association

Jason Baker, Bi-Lingual International Assistance
Services

Bill Bates, LeadingAge

Lisa Baron, Memory Care Home Solutions

Kathy Bullis, AARP

Aileen Dressler, Constituent

Kathy Farache, Association on Aging with
Developmental Disabilities

Melissa Frey, Johnson County Board of Service

Lori Goldberg, West County Psychological
Associates

Maggie Grotefendt, American Cancer Society

Marilyn Gunter, Care Connection Area Agency on
Aging

Jay Hardenbrook, AARP

Marcia Hazelhorst, Missouri Juvenile Justice
Association

Derek Landes, Missouri Rural Health Association

Lin Lewis, InvoBH

Liz McClelland, AAA

Kayla McCollum, On My Own

Bruce Moe, Missouri State Teachers Association

Phillip Murray, Missouri National Education
Association

Angie Nickell, Parent Link

Lisa Nothaus, DMH

Sara Paige, OASIS

Marissa Peterson, Aging Best Area Agency on Aging

Lori Ross, Foster Adopt Connect

Jean Roth, Legal Services of Eastern Missouri

Linda Sand, Retired Nebraska State Unit on Aging

Jessica Schaeffer, DHSS Long-Term Services and
Supports

Christina Scott, DHSS Bureau of Senior Programs

Allen Serfas, Assistance Home Care

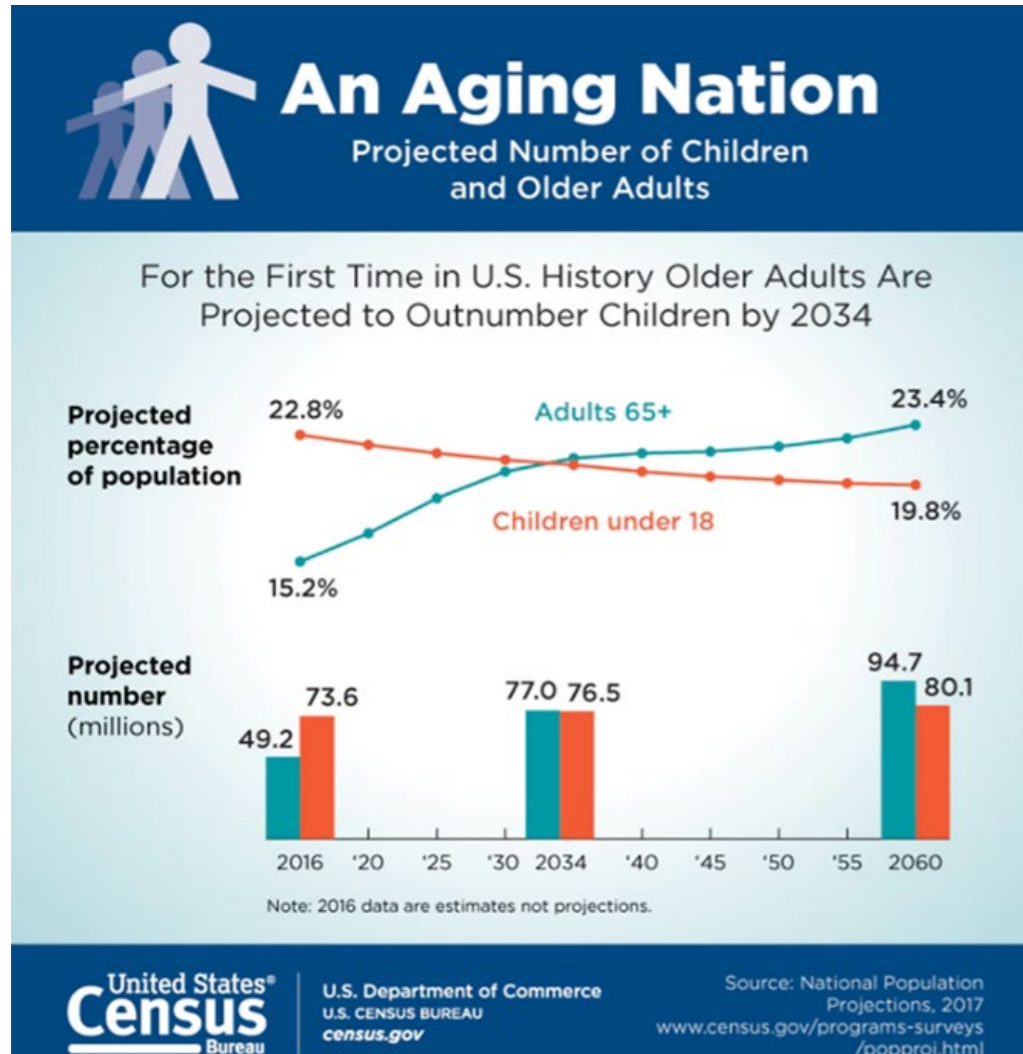
Mindy Ulstad, DHSS Bureau of Senior Programs

Sherill Wayland, SAGE

LaDonna Williams, Rural Advocates for Independent
Living / MCHS

Introduction to the Missouri Master Plan on Aging (Why are we here?)

Background



- Missouri seniors age 60+ make up 24.39% of the population
- By 2034, Missouri seniors will make up more than 25% of Missouri's population (for the first time there will be more older adults than individuals younger than 18 years of age).
- This gap will continue to widen as the population continues to age with Missouri seniors predicted to greatly outnumber children by 2060.

What is a Master Plan on Aging

A Master Plan on Aging is a living document that:

- Provides a clear framework to plan for ten years or more;
- Enables governors to communicate a clear vision and priorities for their state;
- Guides state and local policies of public and private programs toward aging with dignity;
- Reflects extensive input from the community, including people of all ages and abilities; and
- Allows the state to allocate funding or resources to implement initiatives from the Master Plan vs. reacting to individual stakeholder needs

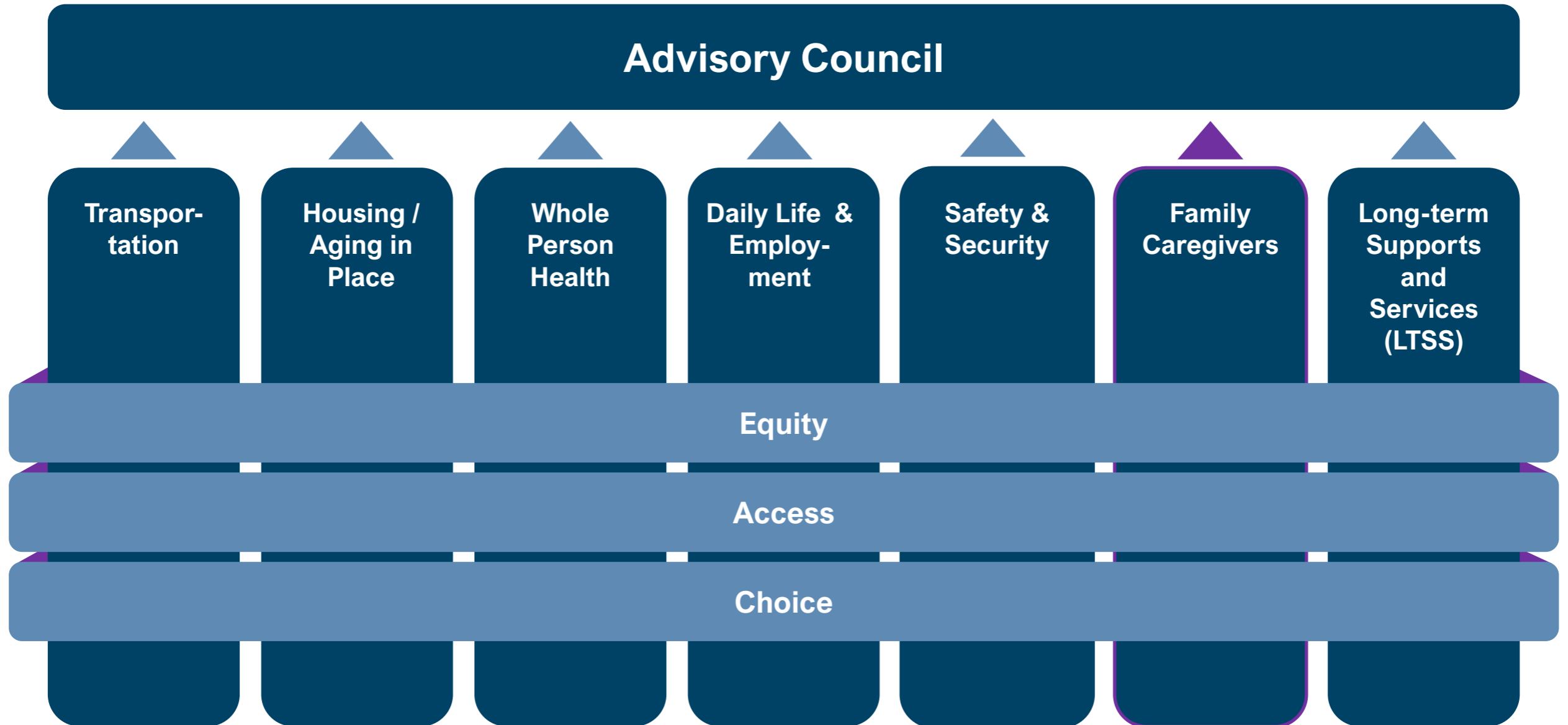
Start with Why

- WHY: We all deserve to age with independence and dignity
- HOW: Deep engagement with Missourians across the state
- WHAT: 10 Year Master Plan on Aging



The Golden Circle (Simon Sinek)

Advisory Council and Subcommittees



Family Caregiver Subcommittee's Work in Year One:
How can we support family caregivers?

Understanding Vulnerabilities, Making Recommendations

During the first year, the Family Caregiver Subcommittee will work to identify:

- What supports are available (and where) for family caregivers (overlap with LTSS subcommittee)?
- What is working well that we should expand upon?
- What gaps and opportunities exist?
- Based upon this learning, what does the committee recommend?