



GOBOLKA MISSOURI
WAAXDA OF CAAFIMAAD IYO ADEEGYADA GUUD
Qiimaynta Khatarta Dhallaanka Hooyada iyo Isticmaalka Maandooriyaha

MAGACA MACMILKA	MAGACA BIXIYAHA	TAARIKHDA
-----------------	-----------------	-----------

Marka haweeneyda uurka leh ay khamri cabto, sigaar cabto ama isticmaasho maandooriyaha, cunugga ayay saameeysa. Si kastaba, si loo xaqiijiyo uur caafimaad qaba oo aad dhasho ilmo caafimaad qaba, fadlan si daacad ah uga jawaab su'aalaha soo socda.

TUBAAKADA **MAANDORIYAHA KALE**

1. Xullo doorashada ugu fiican ee qeexaysa qaabkaaga sigaar cabidda:

- A. Waligay ma cabbay wax ka yar 100 sigaar ah intaan noolahay.
- B. Wan joojiyey sigaarka KA HOR Intan ogaadey inan uur leeyahay, oo hadda sigaar ma cabbo.
- C. Waxaan joojiyey sigaar cabista KADIB markaan ogaaday inaan uur leeyahay, oo hadda sigaar ma cabo.
- D. Hadda sigaarka wan cabbay, laakiin anigu waxaan dhimey tirada sigaarka aan Cabbo Tan iyo markii aan ogaadey Inan uur leeyahay.
- E. Si joogto ah ayaan sigaarka u cabbay hadda, qiyaastii sidii aan horay u cabbi jiray intaan ogaan inan uur leeyahay.

Haweenkii dooratay jawaabaha D ama E waa in loo bixiyo tixraac joojinta sigaarka

- Bukaan diiday tixraaca barnaamijka joojinta sigaar cabista.
- Waa loo gudbiyey bukaankaan barnaamijka joojinta sigaar cabidda

Khamriga

FIIRO GAAR AH: 1 Cab = 1.5 oz ee Caraqda (U dhow 40% khamriga), 12 oz ee beer ah, 5 oz. khamri (qiyaastii 12% khamriga), ama 8-9 oz. khamriga malt (qiyaastii 7% khamriga)

- 2. Tan iyo markii aad ogaatey adiga uur leh, sidee weeye cabbitaannada ee khamriga caadi ahaan aad cabtid todobaadkii?
 - Ma jiro _____ # cabitaan todobaadkii
- 3. Toddobaadkii u dambeeyay, imisa cabitaan oo khamri ah ayaad qaadatay?
 - Ma jiro _____ # cabitaan todobaadkii
- 4. Weligaa ma dareentay in ay tahay in aad u dhimato cabbistaada?
 - Haa Maya
- 5. Weli ma is tiri iska yaree cabidda khamriga?
 - Haa Maya
- 6. Weligaa ma dareentay xumaan ama dambi ku saabsan cabbitaankaaga?
 - Haa Maya
- 7. Waligaa subaxdii maku bilowdey cabbidda khamriga si aad madaxa ugu foratid?
 - Haa Maya
- 8. Weligaa ma dareentay xumaan ama dambi ku saabsan cawaaqibka ka dhalan kara cabbitaankaaga?
 - Haa Maya
- 9. Miyaad dareentaa inaad dhibaato ka haysato khamriga?
 - Haa Maya

Haweenkii dooratay jawaabaha 2 ama 9 waa in loo bixiyo tixraac joojinta sigaarka

- Bukaan diiday u gudbin isticmaalka khamriga.
- Waa loogudbiyey bukaanka joojinra isticmaalka khamriga:

10. Weligaa ma isticmaashay:

	WALIGAA	WAQTI HORE	HADEER
Marijuana (caws, caws, kalagoys, barar, primo, qarax, buro, torpedo, ul wicky, jeex, dope, geedo yaryar, dheri, refer, skunk, sinsemilla, ganja)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kookayn (coke, dildilaac, sal, dharbaaxo, toogan, dhagax, baraf, magaalada sare, C, jajab, gabadh, barar, nacnac, Charlie)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Amphetamines (meth, crank, sare, xawaaraha, X, ecstasy, crystal, baraf, b-bambooyin, tamaashiir, dab, kronic, galaas, dhaqso u soco, ephedrine, bennies)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinogens (LSD, aashito, jacayl daroogada, Cactus, badhamada, peyote, PCP, malag boodh, zombie, supercools, cagaar, qoyan, biyo, boomers, kiniinka nabadda, xabadaha)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Daawooyinka dejiyaha (dajiyayaal, diazepines-buluug, hoos u dhaca, qaanso-roobaadyada, ludes, casaan, Barbs, casaan shimbiraha, phennies, adavan, xanax, valium)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Maandooriyaha KALE (codeine, demerol, percodan, heroin, vicodin, methadone, wiil iskuul ah, dharbaaxo, junk, magaalada hoose, oxycontin, wiil)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Neefsashada (hufan, hufid tuleo, xabagta, laad, poppers, snappers, degdeg, buuq bam, huff, luul, buufin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
MAANDORIYAHA CLUBYADA (X, ecstasy)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Daawooyinka Aan la qorin (Oxycodone, Fentanyl, Clonazepam, hurdo gargaar, iwm.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Hadii laga jawaabo WALIGAA ku dhammaan kale daroogooyinka - Dhammaad Su'aalo weydiin.

- 11. Weligaa ma dareentay in ay tahay in aad hoos u dhigto isticmaalkaaga maandooriyaha?
 - Haa Maya
- 12. Weligaa ma is tiri yaree isticmaalkaaga maandooriyaha??
 - Haa Maya
- 13. Weligaa ma dareentay xumaan ama dambi ku saabsan isticmaalkaaga maandooriyaha?
 - Haa Maya
- 14. Weligaa subaxa hore ma isticmaashey daroogooyinka dejiyaha neerfayaashaada ama ka takhalusaan suuxdin (indho-fur)?
 - Haa Maya
- 15. Sidee dheer leeyihiin adiga ahaa isticmaalaya daroogooyinka, iyo Goorma ahaa ah u dambeeya waqtiga aad isticmaashay daroogo?
 - # Sanadaha Isticmaalka _____ Markii ugu dambeysay ee la isticmaalay _____
- 16. Ma ku yeelatay "blackouts" ama "backbacks" sababtoo ah isticmaalka daroogada?
 - Haa Maya
- 17. Miyaad dareentaa inaad dhibaato kala kulanto isticmaalka mukhaadaraadka?
 - Haa Maya

A tixraac waa in noqon la bixiyo ku dhammaan dumarka Hay'ada Caafimaadka Aduunka Si dhab ah uga jawaab su'aalaha 10 ilaa 17.

- Bukaan diiday u gudbin isticmaalka maandooriyaha.
- U gudbin ahaa sameeyey on tan bukaan waayo daroogada isticmaal ku: