



## MODULE 3: Meal Service and Meal Pattern Requirements

Sponsors participating in SFSP must provide meals that meet meal pattern requirements.

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# Meal Service Requirements

Sponsors may serve one or two meals or snacks a day at meal service sites. Sponsors may choose which combination of meals they would like to serve; however, serving lunch and supper on the same day is not allowed.

<b><u>Allowable Meal Combinations</u></b>	
<b>Breakfast Only</b>	<b>Lunch Only</b>
<b>Supper Only</b>	<b>Snack Only</b>
<b>Breakfast and Lunch</b>	<b>Breakfast and Snack</b>
<b>Breakfast and Supper</b>	<b>Lunch and Snack</b>
<b>Supper and Snack</b>	<b>Two Snacks</b>

Meal services can be operated by different sponsors at the same site; however, the maximum number of meals allowed at a site must not be exceeded.

With the Department of Health and Senior Services-Community Food and Nutrition Assistance (DHSS-CFNA) approval, camp or migrant site sponsors may serve up to three meals (including snacks) each day. Allowable meal combinations for camps or migrant site sponsors include:

- ❖ Breakfast, Lunch, and Supper.
- ❖ Breakfast, Lunch, and Snack.
- ❖ Lunch, Supper, and Snack.
- ❖ Any combination of meals or snacks that is less than the maximum number allowed.

In addition to serving meals that meet meal pattern requirements, sponsors must comply with the following rules when serving meals at each of their sites:

- The site must serve the same meal to all children.
- Children must eat all meals on site (7 CFR 225.6(i)(15)). A meal may be consumed off site only if the meal is served on a state agency approved field trip. Also, at the sponsor’s discretion with a written policy, participating children may be allowed to take one fruit, vegetable, or grain item off site to eat later and still claim reimbursement for the meal. The food item taken off site must be from the child’s own meal or left on a \*share table by another child who did not want it. Note: Some rural sites may be approved for non-congregate meal service.
- Meals claimed as breakfast must be served at or close to the beginning of the day and cannot be served after a lunch or supper (7 CFR 225.16(c)(2)).
- All sites (except residential camps) require that a minimum of one hour must elapse between the end of one meal service and the beginning of another (7 CFR 225.16(c)(3)).

- Meals must have all required components to be reimbursable; refer to the Summer Food Service Program (SFSP) meal pattern chart for guidance.
- All children are served one meal before any second meals are served or any adult meals are served. The purpose of second meals is to reduce waste. In order to count as a reimbursable second meal, it must contain all required components.
- Sites must adhere to local sanitation codes and health department regulations.
- Outdoor sites must have alternate arrangements for inclement weather.
- Sites must serve meals on time. Meal service times must be approved, and any changes in meal times must be reported and approved online or by calling 888-435-1464 prior to implementing the change.
- Meals to vended sites may not be delivered sooner than one hour prior to the start of the meal service, unless the site has refrigeration or the means to maintain the required safe temperatures of the meal.
- For infant meals, sponsors must receive prior approval from the DHSS-CFNA to serve meals to infants (0 to 11 months of age). All meals served to infants must comply with the Child and Adult Care Food Program (CACFP) infant meal pattern requirements. If your site is going to serve infants, please contact the DHSS-CFNA for further guidance on the approval process.
- For meals for children age one to six, sponsors must receive prior approval from the DHSS-CFNA to adjust meal portion sizes for younger children. If adjustments are allowed, all meals served to younger children must comply with the age appropriate CACFP meal pattern requirements.

**\*Share Tables:** Sponsors may create a “sharing table” or stations where children may return whole items that they choose not to eat. Sponsors must check that “share tables” are in compliance with state and local health and safety codes first. Unopened, unused, whole food items left on a share table are then available to other children who may want additional helpings.



# Four Components in Menu Planning

Summer Food Service Program nutritional guidelines help assure that children are provided healthy foods that meet their growing needs. The four components below are used to plan meals and snacks. Additional foods may be served to provide additional nutrients. Specific food information can be found in the United States Department of Agriculture’s Food Buying Guide for Child Nutrition Programs.

**\*Breakfast must contain the milk, grains/breads and vegetable/fruit components.**

**\*Lunch and Supper meals must contain all four components, including two different servings of vegetable/fruit.**

**\*Snacks must contain at least two different food components.**

<p style="text-align: center;"><b>Meat/Meat Alternates</b></p> <p>Lean meat, poultry, fish, cheese, eggs, cooked dry beans or peas, nuts and seeds, nut and seed butters, alternate protein products, yogurt (creditable at lunch, supper and snack only).</p> <p><b>Specifics</b></p> <ul style="list-style-type: none"> <li>• Required at lunch and supper as main dish.</li> <li>• Minimum creditable amount is ¼ oz.</li> <li>• Nuts/seeds can meet only ½ of meat requirement at meals, therefore another meat/meat alternate must be served; meets full requirement at snacks.</li> <li>• No more than two different meat items are creditable at one meal.</li> <li>• Lunch meat/cold cuts, including but not limited to hot dogs, polish sausage, little smokies, and sausage – <i>recommend to limit to no more than one time per week.</i></li> </ul>	<p style="text-align: center;"><b>Milk</b></p> <p>Pasteurized fluid milk, unflavored or flavored.</p> <p><b>Specifics</b></p> <ul style="list-style-type: none"> <li>• Fluid milk is required for breakfast, lunch, and supper. Fluid milk may be served as one of two choices at snack.</li> <li>• Milk must be served as a beverage at lunch and supper.</li> <li>• Milk may be served as a beverage, served on cereal, or used for some of both at breakfast and snack.</li> </ul>
<p style="text-align: center;"><b>Vegetable/Fruit/Juice</b></p> <p>Fruits and vegetables.</p> <p><b>Specifics</b></p> <ul style="list-style-type: none"> <li>• One serving required at breakfast.</li> <li>• Two different kinds required at lunch and supper.</li> <li>• Only 100% full strength fruit or vegetable juice is creditable.</li> <li>• Minimum creditable amount - 1/8 cup.</li> <li>• Dried beans and peas cannot count as both fruit and vegetable and meat at one meal.</li> <li>• Juice cannot be served with milk for snacks.</li> <li>• Only one vegetable/fruit creditable for snacks.</li> </ul> <p>(Example – Cannot serve orange juice with apple wedges.)</p>	<p style="text-align: center;"><b>Grains/Breads</b></p> <p>Whole grain or enriched bread, grains, cereal, crackers, pasta.</p> <p><b>Specifics</b></p> <ul style="list-style-type: none"> <li>• Required at breakfast, lunch, and supper.</li> <li>• Minimum creditable amount is ¼ serving.</li> <li>• Ready-to-eat cereal at breakfast and snack only.</li> <li>• Grain-based chips are creditable only two times a week and only at lunch, snack or supper.</li> <li>• Sweet type breads and grains including but not limited to: coffee cake, doughnuts, sweet rolls, muffins, cereal/granola bars, and pop-tarts are creditable for breakfast and snack only, and <i>it is recommended these are limited to no more than two times per week at snack.</i></li> </ul>

# Meal Pattern Requirements

It is important for the success of the Summer Food Service Program (SFSP) to serve nutritious meals that meet meal pattern requirements and that are appetizing to children. Careful menu planning is necessary to meet this goal. The meal pattern requirements assure well-balanced meals that supply the kinds and amounts of foods that children require to help meet their nutrient and energy needs. The meal pattern establishes the minimum portions of the various food components that must be served to each child in order for the participating sponsor to receive reimbursement for each meal (7 CFR 225.16(d)).

## Breakfast

For a breakfast to be a reimbursable meal, it must contain:

- One serving (eight ounces or ½ pint) of milk. It may be fat-free (skim), low-fat, or whole.
- One serving of a vegetable, fruit, or full strength juice.
- One serving of grain or bread.
- A meat or meat alternate may also be served, but is optional.

## Lunch and Supper

For a lunch or supper to be considered a reimbursable meal, it must contain:

- One serving (eight ounces or ½ pint) of milk. It may be fat-free (skim), low-fat, or whole.
- Two or more servings of vegetables and/or fruits, or 100% juice.
- One serving of a grain or bread.
- One serving of meat or meat alternate.

## Snack

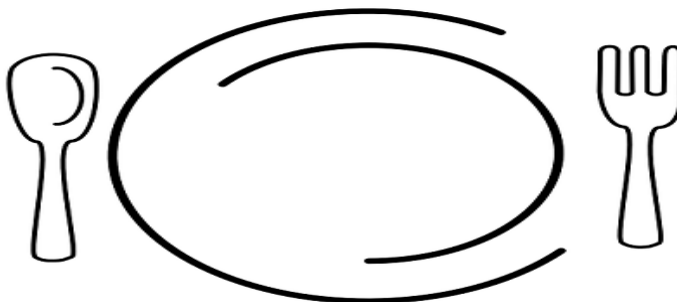
For a snack to be a reimbursable meal, it must contain two of the four components listed below:

- One serving (eight ounces or ½ pint) of milk. It may be fat-free (skim), low-fat, or whole.
- One or more servings of vegetables and/or fruits, or 100% juice\*.
- One serving of a grain or bread.
- One serving of meat or meat alternate.

\*Juice may not be served when milk is served as the only other component of a snack.

For more information, please refer to the SFSP Meal Pattern Requirements and information on creditable meal components, in the SFSP Nutrition Guidance for Sponsors:

<https://www.fns.usda.gov/sfsp/handbooks>.



**Missouri Department of Health and Senior Services – Community Food and Nutrition Assistance**

## Food Chart – Summer Food Service Program

<b>Breakfast</b>	Fluid Milk	1 cup (8 fluid ounces) <sup>1</sup>
	Vegetable or Fruit or Juice	½ cup
	Bread, or	1 slice
	Cold Dry Cereal, or	¾ cup or 1 ounce <sup>2</sup>
	Cornbread, Biscuits, Rolls, Muffins, etc., or	1 serving
	Cooked Cereal or Cereal Grains	½ cup
	Pasta, Cooked Noodles	½ cup
<b>Lunch or Supper</b>	Fluid Milk	1 cup (8 fluid ounces) <sup>3</sup>
	Meat, Poultry, Fish, Cheese, or	2 ounces
	Egg, or	1 large egg
	Cooked Dry Beans, Peas, or	½ cup
	Peanut Butter or other Nut Butters, or	4 tablespoons
	Peanuts, Soy Nuts, Tree Nuts, or	1 ounce = 50% <sup>4</sup>
	Yogurt, plain or sweetened, flavored	8 ounces or 1 cup
	Vegetables and/or Fruits (must serve at least two different varieties)	¾ cup total <sup>5</sup>
	Grain/Breads	1 serving/1 slice
<b>Snack</b> <sup>6</sup>	Fluid Milk	1 cup (8 fluid ounces) <sup>1</sup>
	Vegetable or Fruit or Juice	¾ cup
	Meat or Meat Alternate	1 ounce
	Grain/Bread	1 serving

1. Serve as a beverage, or on cereal, or use part of it for each purpose.

2. Either volume (cup) or weight (ounces), whichever is less.

3. Must be served as a beverage.

4. No more than 50% of the requirement can be met with nuts or seeds. Nuts or seeds must be combined with another meat/meat alternate to fulfill the requirement.

5. Serve two or more kinds. Full-strength juice may be counted to meet not more than one-half of this requirement.

6. Serve two food items. Each food item must be from a different food component. Juice may not be served when milk is served as the only other component.

Note: All grain/bread items must be enriched or whole grain, made from enriched or whole grain meal or flour, or if it is a cereal, the product must be whole grain, enriched, or fortified. Bran and germ are credited the same as enriched or whole grain meal or flour.

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# Milk Purchase Requirement

Fluid milk is a required meal component at all breakfast, lunch, and supper meals. Milk purchase requirements are based on the sponsor's monthly claim for reimbursement for these meals. Use the following information in order to adequately purchase enough milk to meet the meal pattern requirements for the number of meals you serve:

## Common Milk Measurements

Required Serving Size per Meal	Container Size	Number of Servings per Container
8 ounces (oz.)	Half pint (8 oz.)	1
8 ounces (oz.)	Gallon jug	16

If you are serving half pint (eight oz.) containers, you must purchase enough half pints to cover serving *at least* one per meal. If you are purchasing gallon jugs of milk and are pouring eight oz. (required) cups of milk to serve with meals, then you must purchase *at least* 1 gallon of milk for every 16 meals you serve.

**For example:** If your claim for reimbursement is a total of 1,527 breakfasts and lunches, then your required milk purchase is as follows:

### For gallons:

1.  $1,527 \times 8 \text{ ounces} = 12,216 \text{ ounces of milk needed total.}$
2. There are 128 ounces of milk per gallon.
3.  $12,216 \text{ divided by } 128 = 95.4 \text{ gallons of milk needed.}$

### For half pints:

$$1,527(\text{meals claimed}) = 1,527 \text{ half pints (8 oz.)}$$

Using this example, you would be required to have purchased either 95½ gallons or 1,527 half pints of milk to meet minimum meal pattern requirements for your claim. You must provide proof of purchase of enough milk at the time of a review. If inadequate milk is purchased for the number of meals claimed, disallowances may be made by the Department of Health and Senior Services-Community Food and Nutrition Assistance.





# Meal Pattern Substitutions

In order to claim a meal for reimbursement, all required food components must be served in at least the minimum serving size required per age group(s). Exceptions to this requirement occur under the following circumstances:

## **Substitution for a Documented “Disability” (42 U.S. Code Sec. 12102)**

Meal pattern substitutions (accommodations) must be made when a condition recognized as a “disability” is documented by a recognized medical authority. A participant with a “disability” is any person who has a physical or mental impairment which substantially limits one or more “major life activities,” has a record of such impairment, or is regarded as having such an impairment. For purposes of identifying individuals with disabilities, the list of “major life activities” has expanded to include a category called “**major bodily functions.**”

Meal sites participating in the Summer Food Service Program (SFSP) are required to make substitutions or modifications to the meal pattern for a participant with a disability that restricts his/her diet. Substitutions must be made on a case-by-case basis and only when supported by a written statement signed by a recognized medical authority (licensed physician, physician’s assistant, or nurse practitioner) which explains the need for substitutions and includes recommended alternate foods. The medical statement must be kept on file and include:

- A description of the participant’s physical or mental impairment that is sufficient to allow the program operator to understand how it restricts the participant’s diet.
- An explanation of what must be done to accommodate the child’s disability.
- The food or foods to be omitted from the participant’s diet.
- The appropriate food substitutions.

**NOTE:** Reimbursement for meals served with documented food substitutions are claimed at the same reimbursement rate as meals which meet the meal pattern. The site may not charge for the substituted food item – substitutions that exceed program reimbursement are at the sponsor’s expense.

## **Substitution for Medical or Special Dietary Reasons – Not a Disability**

Substitutions may be made on a case-by-case basis (at the discretion of the sponsor) for a participant who is unable to consume a **food item** because of a medical or other special dietary need but who is not disabled. Meal pattern substitutions or modifications for foods may be honored only when a written statement signed by a recognized medical authority (licensed physician, physician’s assistant, or nurse practitioner) is available. The written statement must contain the information detailed above.

## **Fluid Milk (Non-Dairy) Substitutions**

Schools participating in the SFSP and following the National School Lunch Program meal patterns may offer non-dairy milk substitutes to children who cannot consume fluid milk due to a medical or special dietary need that does not rise to the level of a disability. Schools must receive a written request from a recognized medical authority or a parent or guardian that identifies the child’s medical or dietary reason for needing a milk substitute (7CFR 210.10(m)(2)). In addition, in order for the meal to be reimbursable, non-dairy beverages served in lieu of fluid milk must be nutritionally equivalent to milk and provide specific levels of calcium, protein, vitamins A and D, magnesium, phosphorus, potassium, riboflavin, and vitamin

B-12 (7 CFR 210.10(d)(3)). Schools that decide to not offer milk substitutions for children with medical or special dietary needs must communicate this decision to all households.

Sponsors following the SFSP meal pattern may only serve non-dairy beverages in place of fluid milk when supported by a medical statement from a licensed health care professional.

Acceptable fluid milk substitutes must contain the following nutrients in the quantities specified in order to be considered nutritionally equivalent to fluid cow's milk:

## Fluid Milk Substitute - Minimum Nutrient Requirements

Nutrient	Per one (1) cup (8 ounces)
Calcium	276 mg.
Protein	8 gm.
Vitamin A	500 IU.
Vitamin D	100 IU.
Magnesium	24 mg.
Phosphorus	222 mg.
Potassium	349 mg.
Riboflavin	0.44 mg.
Vitamin B-12	1.1 mcg.

### Non-Dairy Beverages meeting USDA Substitution criteria per eight fluid ounces include:

- **8<sup>th</sup> Continent:** Original Soymilk and Light Chocolate Soymilk
- **Pacific Natura:** All Natural Ultra Soymilk: Plain and Vanilla
- **Kikkoman:** Pearl Organic Soymilk: Creamy Vanilla and Chocolate
- **Wal-Mart Great Value:** Original Soymilk
- **Sunrich Naturals:** Original and Vanilla
- **Silk:** Original Soymilk
- **Ripple:** Original, Vanilla, and Chocolate plant-based milk

**Note:** The Missouri Department of Health and Senior Services-Community Food and Nutrition Assistance (DHSS-CFNA) does not endorse the companies or products listed. This list is not all-inclusive. Read the nutrition facts panel or contact the manufacturer to ensure that product formulations are current.



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES  
 COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)  
 SUMMER FOOD SERVICE PROGRAM (SFSP)  
**MEDICAL FOOD SUBSTITUTION RECORD**

Authorization by a recognized medical authority is required for food substitutions to the Summer Food Service Program meal pattern. A recognized medical authority includes a physician, physician assistant, or nurse practitioner. The recognized medical authority must specify, in writing, the food to be omitted from the patient's diet and the food or choice of foods that may be substituted.

PARTICIPANT'S NAME:	DATE OF BIRTH
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MEDICAL CONDITION / REASON:

SPECIAL ASSISTANCE/EQUIPMENT REQUIRED:

**FOOD SUBSTITUTION LIST:**

Fluid Milk	Allowed Substitutes	Texture (e.g., cut up, ground mince, puree, liquidity)
Meat & Meat Alternates (e.g., eggs, cheese peanut butter, dry bean, yogurt, etc.)	Allowed Substitutes	Texture (e.g., cut up, ground mince, puree, liquidity)
Bread, Cereal or Whole Grain Products	Allowed Substitutes	Texture (e.g., cut up, ground mince, puree, liquidity)
Fruits & Vegetables or Juice	Allowed Substitutes	Texture (e.g., cut up, ground mince, puree, liquidity)

Additional Dietary Concerns and/or Required Equipment or Assistance Needed:

I (medical authority) certify that the above patient must be provided a special diet or requires special accommodations as indicated above.

SIGNATURE OF MEDICAL AUTHORITY	TITLE	DATE
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In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. **fax:**  
(833) 256-1665 or (202) 690-7442; or
3. **email:**  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

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# Processed Food Documentation

Some Summer Food Service Program (SFSP) meal sites choose to purchase commercially processed meat/meat alternate (m/ma) products rather than prepare these main dish items on site, commonly referred to as “homemade” or “cooked from scratch”.

The United States Department of Agriculture (USDA) released two policy memos on March 11, 2015 (SFSP 12-2015 and SFSP 13-2015), detailing two types of acceptable documentation approved to verify meal pattern compliance: **Child Nutrition (CN) label OR a manufacturer’s Product Formulation Statement (PFS).**

## **Type #1 CN label:**

The Child Nutrition Labeling Program is administered by the United States Department of Agriculture, Food and Nutrition Service (USDA, FNS) in cooperation with the following agencies: Agriculture Marketing Service (AMS), Food Safety and Inspection Service, and National Marine Fisheries Service. Main dish products which contribute to the meat/meat alternates component of the meal pattern requirements are eligible for a CN label. Examples of these products include beef patties, cheese or meat pizzas, meat or cheese and bean burritos, egg rolls, and breaded fish portions.

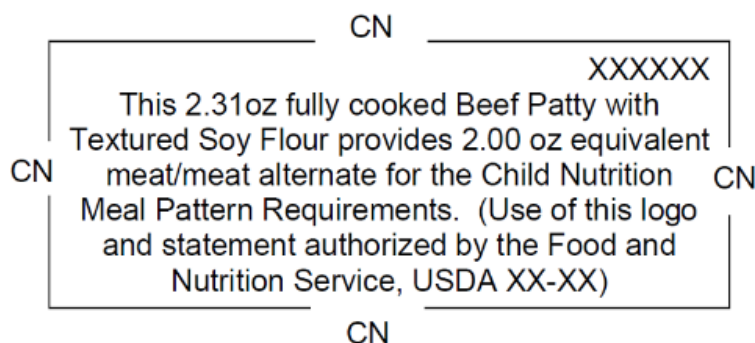
## **Advantages of using a CN labeled product include:**

- A CN label statement clearly identifies the contribution of a product toward the meal pattern requirements. It protects Child Nutrition program operators from exaggerated claims about a product.
- A CN label provides a warranty against audit claims, if the CN labeled product is used according to the manufacturer’s directions.
- CN labels simplify cost comparisons of like products.

## **CN label product will always contain:**

- The CN logo, which has a distinct border;
- The meal pattern contribution statement;
- A unique 6 digit product identification number assigned by USDA/FNS appearing in the upper right hand corner of the CN label
- The USDA/FNS authorization statement;
- The month and year of the final approval.
- Plus the remaining required label features: product name, inspection legend, ingredient statement, signature/address line, and net weight.

A sample CN logo:



Note: The X's in the sample CN Logo are only used to demonstrate the placement of the CN identification number and the final date. If you receive a CN labeled product containing all X's (all zeroes, or non-number symbols) for the CN identification number, the label is not valid. If a CN label is not valid, FNS cannot provide a warranty for its use toward meal pattern requirements.

**The CN label is the gold standard for verifying the crediting of menu items and provides a warranty against audit claims when the product is used according to the manufacturer's instructions.**

**Acceptable and valid documentation for the CN label includes (SFSP 12-2015 and SFSP 13-2015):**

- The original CN label removed from the product carton.
- A photocopy of the CN label shown attached to the original product carton.
- A photograph of the CN label shown attached to the original product carton.
- CN labels that are photocopied or photographed must be visible and legible.

If none of the required documentation is available, program operators may provide the bill of lading or invoice containing the product name and a hard or electronic copy of the CN label with a watermark displaying the product name and CN number provided by the vendor. A CN label with a watermark is used when the CN logo and contribution statement are used on product information other than the actual product carton and is presented as a separate document. Manufacturers may provide schools (not common for non-school SFSP providers) with a CN label with a watermark during the bidding process. Original CN labels on product cartons will not have a watermark.

**Type #2 Product Formulation Statement (PFS):**

The PFS should only be requested when reviewing a processed product without a CN label. PFSs are written and provided by individual manufacturers and are not commonly seen with SFSP sponsors. *It is the sponsor's responsibility to request and verify that the processed food documentation is accurate prior to purchasing processed products.* PFS templates for each meal component are available on USDA's CN labeling website.

Manufacturers may use PFS templates as a guide to help develop a PFS. However, they are not required to use the same format as the USDA's template, but they must present the same information on their company letterhead. It should be noted that a PFS does not provide any warranty against audit claims. Unlike CN labels, a PFS that claims a meal pattern contribution is not a guarantee of USDA meal pattern compliance and can be disputed during an SFSP monitoring review.

**The answer to each of the following questions should be yes:**

- Is the PFS on signed company letterhead? The signature can be handwritten, stamped, or electronic.
- Does the PFS include product name, product code number, and a serving/portion size?
- Do the creditable ingredients listed on the PFS match or have similar description to the ingredients listed on the product label? For example, if the PFS lists ground beef, not more than 20% fat, the product label should also list ground beef, not more than 20% fat.
- Do the creditable ingredients listed on the PFS match or have a similar description to a food item listed in the USDA Food Buying Guide for Child Nutrition Programs?

- If the product is a meat/meat alternate, does it contain an Alternate Protein Product (APP) such as soy concentrate? If yes, does the manufacturer provide supporting documentation that meets USDA APP requirements?
- Does the PFS demonstrate how creditable ingredients contribute toward the meal pattern requirements?
- Are the manufacturer's calculations correct and verified?

**The PFS should include:**

- Weight of raw portion; percent of raw meat or poultry; percent of fat of raw meat.
- Weight of an APP, if applicable; percent of an APP on an as-is basis for the as-purchased product; certification that an APP meets the USDA, FNS requirements.
- Product's total creditable amount of product per portion towards the meal pattern.
- Certification statement that the PFS is an accurate verification of meal pattern compliance.
- Original signature and title of company official and date.

**Helpful Resources:**

USDA's CN Labeling Website includes general background of the CN Labeling Program and provides helpful information for food manufacturers and child nutrition programs. It can be accessed at <https://www.fns.usda.gov/cnlabeling/child-nutrition-cn-labeling-program> or from the **USDA Food Buying Guide for Child Nutrition Programs- Appendix C.**

The CN Label Verification Reporting System can also be accessed from the link and from Appendix C. The system was developed to assist state reviewers, program operators, and the food industry in verifying the status of a CN label and the validity of a CN label. The system produces two reports monthly:

- CN Label Verification Report includes all information pertaining to the valid CN label, which includes the crediting information (meal pattern contribution statement), label expiration date, and the manufacturer's establishment number.
- CN Label Manufacturers Report includes contact information for manufacturers that are authorized to produce CN labeled products. This report allows users to link the manufacturer's list from the CN Label Verification Report.

**Product Formulation Statement (PFS) – Approved Example:**

**XYZ Burrito Factory (Manufacturer's Letterhead)**

Effective Date: August 23, 2021 Product No. 9999

Total weight of precooked product: 4.00oz.

Total of raw meat: 0.650 oz.

Percent of fat of raw meat: Not to exceed 30%

Weight of dry Volume per Portion (VPP): 0.094 oz.

Weight of liquid used to hydrate APP: 0.176 oz.

Percent of Protein in dry APP: 52%

Weight of raw meat and hydrated APP: 0.920

Type of APP used: XX Flour: \_\_\_\_\_ Isolate: \_\_\_\_\_

Weight of other ingredients: 1.005 oz.

Weight of pinto beans: 0.325 oz. Factored Wt. 0.503

Weight of cheese: none

Weight of cooked meat with APP: 0.64 oz.

Total weight of filling: 2.25 oz.

Total weight of enriched flour tortilla: 1.75 oz. 1.59 serving

I certify the above information is true and correct and that the product (ready for serving) contributes 1.14 ounces of equivalent meat/meat alternative toward the meal pattern when prepared according to direction. I understand that the above named product will be used as a meal component for which Federal reimbursement will be claimed, and that records are available to support the information indicated above. The APP used conforms to Food and Nutrition Service regulations. This product formulation will supersede all previously issued sheets.

SUGGESTED BID SPECIFICATIONS: \_\_\_\_\_ cases – Red Chili Beef, Bean and Chicken Burrito, 4.00 oz. Each, unfried, packed 3/24 count. Must meet 1.00 ounces of meat/meat/alternate and 1.50 bread servings.

James Smith Director of Manufacturing  
**James Smith** Title

XYZ Burrito Factory

August 23, 2021

All documentation regarding processed foods must be maintained in the sponsor files. If no information is available at the time of a monitoring review, meals containing the processed foods may be disallowed.



# Offer Versus Serve Meal Service

## Allowed for School Sponsors Only!

School sponsors may utilize the Offer Versus Serve (OVS) meal option. Per Summer Food Service Program (SFSP) regulations, **only** school sponsors may utilize the OVS option (7 CFR 225.16(f)(1)(ii)).

OVS is an approach to menu planning and meal service that helps school sponsors reduce food waste and costs, while maintaining the nutritional value of the meal. When utilizing OVS, the school SFSP sponsor offers all of the components of the meal pattern, but the child is not required to take all of them. Children can choose the food they intend to eat and can decline some of the food offered at the SFSP breakfast, lunch, or supper meals. OVS cannot be used with snack services.

School sponsors may request to use either the National School Lunch Program (NSLP) and the School Breakfast Program (SBP) meal pattern requirements or the SFSP meal pattern requirements. School sponsors that choose to use the NSLP or the SBP meal patterns must follow the meal pattern regulations governing those programs (7 CFR 210 and 220). It is important to note that OVS requirements differ between NSLP/SBP and SFSP.

If a school sponsor is following the SFSP meal pattern and using OVS, they are required to follow the SFSP-OVS meal pattern requirements. If a school sponsor is following the NSLP or SBP and using OVS, they must follow the OVS requirements of those programs.

SFSP-OVS Requirements:

- ✓ **School sponsors must receive prior approval from the Department of Health and Senior Services (DHSS) to implement OVS.** Sponsors may not appeal the denial of an OVS request; however, they may submit another request the next operating year.
- ✓ Non-school sponsors may not utilize OVS.
- ✓ All required food and food components, in the required serving size, must be offered.

### Breakfast

The meal pattern for breakfast consists of three food components:

- One serving of vegetable/fruit.
- One serving of grain/bread.
- One serving of fluid milk.

However, for OVS, four different **food items** must be offered.

- A child must take three of the four food items and by turn, may only decline one food item.
- The fourth food item can be a vegetable/fruit, grain/bread, or meat/meat alternate.
- All of the food items must be different from each other. For example, two slices of toast would not qualify as two different items.
- All of the components must meet the minimum required serving amounts.

## Lunch and Supper

The meal pattern for lunch and supper consist of four food components:

- One serving of meat/meat alternate.
- Two different items of vegetable/fruit.
- One serving of grain/bread.
- One serving of fluid milk.

For OVS at lunch and supper:

- All of the components must meet the minimum required serving amounts for at least five food items.
- All of the food items must be different from each other.
- A child must take at least three different food **components**.

If a site runs out of a food component, all meals after that point must be disallowed if the site is unable to offer children a complete reimbursable meal.

## Combination Foods in OVS

A combination food contains more than one food item from different food components that cannot be separated. Pizza is an example. Combination foods, served as an entrée or main dish, may be credited as the meat/meat alternate plus a maximum of two of the required meal components, if amounts of each are sufficient to meet the meal pattern requirements.

- Combination foods may **not** be declined for breakfast because a child may only decline one of the three required items.
- Combination foods containing more than two food components may not be declined during lunch or supper because a child may only decline two food items.



# Serving Local Foods

Local foods can play an important role in creating and promoting a healthy environment for children. A growing body of research demonstrates several positive impacts of serving local foods and providing food education through Child Nutrition Programs like the Summer Food Service Program (SFSP). These positive impacts include increased participation and engagement in meal programs, consumption of healthier options, and support of local economies. There is also a well-established public interest in supporting local and regional food systems, and a growing interest in aligning local food sources with summer meal programs.

Serving local foods can improve meal quality and appeal, encourage kids and teens to develop healthy eating habits, and educate them about where their food comes from. Summer is often a time of agricultural abundance which can reduce food costs. Purchasing local foods can support regional economic development, while also providing wholesome products to kids. Sponsors can purchase local foods directly from farmers, through distributors or Food Service Management Companies, from food hubs, farmers' markets, Community Supported Agricultures (CSAs), and school or community gardens. For more information on finding, buying, and serving local foods, please visit the United States Department of Agriculture's Farm to Summer website: <https://www.fns.usda.gov/farmtoschool/farm-summer>.

Farm to Summer encompasses a variety of efforts that might include:

- Serving locally sourced foods in summer meals.
- Choosing "edible" meal sites, like farmers' markets, or school or community gardens.
- Organizing gardening activities; contact garden-based organizations in your area or seek out Master Gardeners to provide free gardening lessons around meal times.
- Taste testing with locally-produced foods.
- Celebrating local foods in kick-offs or other special events.
- Hosting cooking demonstrations with local foods, or sharing recipe cards.
- Taking field trips to farmers' markets or farms.
- Hosting farmer visits to summer meal sites.



