## Flu Season is Here

Flu season is here and now is the time to make sure members of your congregation are protected from influenza and the serious complications that can accompany it.

The flu vaccine is readily available this season in all communities.

Please talk with members of your congregation about getting the vaccine now. By getting the flu vaccine now, individuals are not only protecting themselves from the flu, but are less likely to spread the virus to family members, co-workers and others.

Please consider printing and providing the attached as a bulletin insert to give to your members or including the information in publications. This fact sheet and other resources developed by the Missouri Department of Health and Senior Services are available to you at no cost and can be ordered at health.mo.gov/immunizations or by calling 573.751.6124.

