

## School Health Office Resources

2023 - 2024

## **Table of Contents**

Missouri Department of Health and Senior Services - School Health Resources	2
Asthma	3
Bed Bugs	3
Child Abuse and Neglect	3
Communicable Diseases	4
Concussion Awareness for School Staff	4
Data Collection and Reports	4
Diabetes	5
Food Allergies	5
Head Lice	6
mmunizations	6
Nedication Administration	7
Nental Health Resources	7
Oral Health Resources	8
Other Resources	8
Professional Organizations	10
Screening Guidelines and Tools	10
Seizure Resources	10

Missouri D	epartment of He	alth and Senior Servio	ces - School Health Resources
Missouri DHSS Schoo	l Health Website	Resources for Missouri	https://health.mo.gov/living/families/school
		school nurses	health/index.php
<section-header><image/><image/><section-header><text></text></section-header></section-header>	Missouri Manual for School Health	Guidelines for managing a School Health program	<u>https://health.mo.gov/living/families/school</u> <u>health/pdf/ManualForSchoolHealth.pdf</u>
Forgency Guidelines         Oschools and Childcate         Description	Emergency Guidelines for School Staff	Emergency guidelines with full-color flowcharts for easy use.	<u>https://health.mo.gov/living/families/school</u> <u>health/pdf/emergency-guidelines-for-</u> <u>schools-and-childcare.pdf</u>
<section-header><image/><image/><text></text></section-header>	Prevention and Control of Communicable Diseases Manual	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/Communicable_Disease.pdf
SHOW ME SCH	OOL HEALTH	Just in Time Learning Resources include procedures, videos, and skills competency checklists on a variety of school nurse tasks.	https://www.showmeschoolhealth.org
School Nurse Chronic Health Assessment Tool	School Nurse Chronic Health Assessment Tool (SN CHAT)	Helps school nurses gather information about students who have chronic health conditions and provides guidance for interviews and care plan development.	https://health.mo.gov/living/families/school health/pdf/sn-chat.pdf
Fillable Emergency Ac	tion Plan Template	Part of SN CHAT	https://health.mo.gov/living/families/school health/pdf/other-conditions-eap.pdf

	Asthma	
Allergies and Asthma at School	Allergy &Asthma N E T W O R K	https://allergyasthmanetwork.org/allergies- and-asthma-at-school/
Back to School with Asthma Toolkit for Schools	American Lung Association.	https://www.lung.org/lung-health- diseases/lung-disease- lookup/asthma/health-professionals- educators/asthma-in-schools/back-to- school-with-asthma-toolkit
CDC Asthma Guidelines and Strategies	Centers for Disease Control and Prevention	https://www.cdc.gov/healthyschools/asthm a/strategies.htm
CDC Asthma Management	Centers for Disease Control and Prevention	https://www.cdc.gov/asthma/management. html
How to use an inhaler with a spacer	SHOW ME SCHOOL HEALTH	https://showmeschoolhealth.org/resources/ inhaler-with-spacer/
How to use an inhaler without a spacer	SHOW ME SCHOOL HEALTH	https://showmeschoolhealth.org/resources/ albuterol-inhaler-without-spacer/
Missouri Asthma Manual	Missouri School Astima Manual Drate to trace of low dates to trace in the second secon	https://health.mo.gov/living/healthcondisea ses/chronic/asthma/pdf/asthmamanual.pdf
NIH Guidelines Managing Asthma: A Guide for Schools		https://www.nhlbi.nih.gov/files/docs/resour ces/lung/NACI_ManagingAsthma- 508%20FINAL.pdf
	Bed Bugs	
Bed Bugs and Schools	United States Environmental Protection Agency	https://www.epa.gov/ipm/bed-bugs-and- schools
Bed Bug Information	United States Environmental Protection Agency	https://www.epa.gov/bedbugs
Bed Bug Teaching Tool	United States Environmental Protection Agency	https://www.epa.gov/sites/default/files/doc uments/BB_in_Schools_May_2012.pdf
Child Abuse and Neglect		
Missouri Child Abuse & Neglect Hotline	1-800-392-3738	https://dss.mo.gov/cd/keeping-kids- safe/can.htm
Missouri Child Abuse and Neglect Mandated Reporter Training	KIDSFIRST Ending Child Abuse Now	https://protectmokids.com/
Missouri Child Abuse Law	Section 210.110 RSMo	https://revisor.mo.gov/main/OneSection.as px?section=210.110&bid=47877&hl

Communicable Diseases		
Bloodborne Pathogens training tools	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/GuidelinesForBloodbornePathog ens.pdf
Communicable Diseases	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/healthcondisea ses/communicable/index.php
Directory of Local Public Health Agencies (LPHA)	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/lpha/lphas.php
Handwashing Lesson Plans for all ages	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/handwashing.php
Prevention and Control of Communicable Diseases	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/Communicable_Disease.pdf
Managing Infectious Diseases In Child Care and Schools - 6th edition	American Academy of Pediatrics reference manual (available for purchase)	https://www.aap.org/en/catalog/categories /infectious-diseases/managing-infectious- diseases-in-child-care-and-schools-6th- edition-paperback/
Concus	sion Awareness for Sc	hool Staff
Emergency Action Planning Program for after-school practices and events	ANYONE CAN SAVE A LIFE	http://www.anyonecansavealife.org/
HEADS UP to Schools: School Nurses	CODC Centers for Disease Control and Prevention	https://www.cdc.gov/headsup/schools/inde x.html
HEADS UP to Schools	Control and Prevention	https://www.cdc.gov/headsup/schools/inde x.html
HEADS UP to Youth Sports	CONTROL Centers for Disease Control and Prevention	https://www.cdc.gov/headsup/youthsports/
MSHSAA	MSHSAA	https://www.mshsaa.org/resources/pdf/Con cussionPacketHB300_Final.pdf
Da	ata Collection and Rep	orts
CD-31 Report (log-in screen)	Due October 15 <sup>th</sup> annually	https://healthapps.dhss.mo.gov/schoolhealt h/
Child Care and Preschool Immunization Reporting Information	Due January 15 <sup>th</sup> annually	https://health.mo.gov/living/wellness/immu nizations/daycarerequirements.php
Infographic templates for sharing your district data (under Special Healthcare Needs tab)		https://health.mo.gov/living/families/school health/online-reporting.php
Missouri State School Health Data (under Statewide Disease and Chronic Conditions tab)	All school district data received combined into one report (state data)	https://health.mo.gov/living/families/school health/online-reporting.php

School Health Online Reporting (log-in screen)	<ul> <li>Includes:</li> <li>Student Encounters</li> <li>School Health Services Update (Staffing Survey)</li> <li>Special Healthcare Needs Survey</li> <li>CD-31</li> </ul>	https://healthapps.dhss.mo.gov/schoolhealt h/
School Health Systems Online Reporting User Manual	Instructions on log-in and use of online reporting module	https://health.mo.gov/living/families/school health/pdf/ORS_Statewide_Manual.pdf
Special Health Care Needs Survey Instructions	Instructions on how to complete survey with category definitions	https://health.mo.gov/living/families/school health/pdf/SHCNSurveyForm.pdf
	Diabetes	
Diabetes Care Tasks at School: Training Resources for School Staff	American Diabetes Association	https://diabetes.org/sites/default/files/2020 -06/SchoolguidepdfMay2020.pdf
How to administer Basqimi		https://showmeschoolhealth.org/resources/ nasal-administration-of-glucagon/
How to administer Glucagon		https://showmeschoolhealth.org/resources/ administration-of-glucagon-via-injection/
How to administer Gvoke	Gvoke HypoPen (glucagon injection)	https://showmeschoolhealth.org/resources/ gvoke-administration/
Diabetes Toolkits for: School Nurse, Teachers & Personnel, Family, Section 504, and Health Provider		http://www.coloradokidswithdiabetes.org/
Helping the Student with Diabetes Succeed	National Institute of Diabetes and Digestive and Kidney Diseases	https://www.niddk.nih.gov/health- information/professionals/clinical-tools- patient-management/diabetes/helping- student-diabetes-succeed-guide-school- personnel?dkrd=hispt1099
	Food Allergies	
Allergy home – practical teaching tools	The Datase Sta	https://www.allergyhome.org/
Auvi-Q - how to administer and skill competency checklist		https://showmeschoolhealth.org/resources/ auvi-q-administration/
CDC Healthy Schools: Food Allergies	Control and Prevention	https://www.cdc.gov/healthyschools/foodal lergies/index.htm
<b>EpiPen</b> – how to administer and skill competency checklist		https://showmeschoolhealth.org/resources/ epipen-administration/

Managing Food Allergies in Schools Toolkit	Control and Prevention	https://www.cdc.gov/healthyschools/foodal lergies/toolkit.htm
Food Allergy and Anaphylaxis Network	🚯 FARE	https://www.foodallergy.org/
Free EpiPen for Schools program	EppPen_Z_2PAK'	https://www.epipen4schools.com/
Missouri Food Allergy Manual	Guidelines for Allergy Prevention and Response	https://health.mo.gov/living/families/school health/pdf/mo_allergy_manual.pdf
Medical Statement for Student Requiring Meal Modification	Missouri Department of elementary & secondary EDUCATION	https://dese.mo.gov/media/pdf/medical- statement-student-requiring-meal- modification
Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs	Centers for Disease Control and Prevention	https://www.cdc.gov/healthyschools/foodal lergies/pdf/20_316712- A_FA_guide_508tag.pdf
	Head Lice	
CDC Head Lice Information for Schools	Centers for Disease Control and Prevention	https://www.cdc.gov/parasites/lice/head/sc hools.html
Head lice Power Point	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/ppt/HEADLICE.ppt
Head lice information for parents	NEMOURS. KidsHealth	https://kidshealth.org/en/parents/head- lice.html
	Immunizations	
CDC Immunization Schedules	Centers for Disease Control and Prevention	https://www.cdc.gov/vaccines/schedules/in dex.html
Immunization Resources	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/wellness/immu nizations/
School Immunization Requirements and Reporting Information	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/wellness/immu nizations/schoolrequirements.php
Show Me Vax	ShowMe	https://health.mo.gov/living/wellness/immu nizations/showmevax/index.php

Medication Administration		
Medication Manual with training for unlicensed personnel	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/MedicationManual.pdf
MedlinePlus     Trusted Health Information for You	Information written at a consumer level and available in over 40 languages, The "Herbs and Supplements" section is one of the few sources of evidence- based information on these substances.	https://medlineplus.gov/
NIH: DailyMed	DAILYMED	https://dailymed.nlm.nih.gov/dailymed/
Γ	Mental Health Resource	es
Autism Spectrum Disorders: Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment	Missouri Department of <b>MENTAL HEALTH</b>	https://www.autismguidelines.dmh.mo.gov/ pdf/Guidelines.pdf
Autism information	CONTROL Centers for Disease Control and Prevention	https://www.cdc.gov/ncbddd/autism/facts. html
ADHD information	CODC Centers for Disease Control and Prevention	https://www.cdc.gov/ncbddd/adhd/
Drugs of Abuse	National Association of School Nurses	https://www.nasn.org/nasn- resources/resources-by-topic/drugs-abuse
Mental Health Awareness Model Curriculum	Missouri DEPARTMENT OF ELEMENTARY & SECONDARY EDUCATION	https://dese.mo.gov/media/pdf/mental- health-awareness-curriculum
Missouri Department of Mental Health	Missouri Department of MENTAL HEALTH	https://dmh.mo.gov/
Naloxone Toolkit	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/naloxone-toolkit.pdf
Naloxone Administration Handout	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/naloxone-admin.pdf
Stop Medicine Abuse	PARENTS: Learn about teen medicine abuse www.StopMedicineAbuse.org	https://stopmedicineabuse.org/tools-to- take-action/#school-nurses
Substance Abuse and Mental Health Services Administration (SAMHSA)	SAMHSA Substance Abuse and Mental Health Services Administration	https://www.samhsa.gov/

		https://988lifeline.org/
Suicide & Crisis Lifeline - 988	988 SUICIDE & CRISIS	<u>https://health.mo.gov/living/families/school</u> <u>health/mh-suicide.php</u>
		https://dmh.mo.gov/behavioral-health/988- suicide-and-crisis-lifeline
Suicide Prevention Resource Center	Suicide Prevention Resource Center	https://sprc.org/
	<b>Oral Health Resource</b>	S
Locate Low-Cost Dental Services	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/oralhe alth/low-cost.php
Missouri Office of Dental Health	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/oralhe alth/
Missouri Oral Health Preventative Services Program	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://psp.health.mo.gov/
Oral Health Guide for School-Aged Children	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/oralhe alth/pdf/oral-health-guide-for-school-aged- children.pdf
Find a Dentist in Your Area	Missouri Coalition for Oral Health	https://health.mo.gov/living/families/oralhe alth/pdf/find-providers-dentist.pdf
	Other Resources	
CDC Healthy Schools	CDC Centers for Disease Control and Prevention	https://www.cdc.gov/healthyschools/
Data Privacy in School Nursing	<b>The Network</b> for Public Health Law	https://www.networkforphl.org/wp- content/uploads/2019/12/Data-Privacy-in- School-Nursing-Navigating-the-Complex- Landscape-of-Data-Privacy-Laws-Part-1- 1.pdf
Data Sharing Toolkit for Communities	U.S. Department of Education	https://www2.ed.gov/programs/promisenei ghborhoods/datasharingtool.pdf
	Allergy	https://ccox.sites.truman.edu/2019/04/03/a llergy-education-actions-afterschool- programs-activities-3/
Educational videos for staff in after-school programs	Asthma	https://ccox.sites.truman.edu/2019/03/12/a sthma-education-actions-afterschool- programs-activities-3/
	Diabetes	https://ccox.sites.truman.edu/2019/04/03/d iabetes-education-actions-afterschool- programs-activities-3/
	Seizures	https://ccox.sites.truman.edu/2019/03/12/s eizure-education-actions-afterschool- programs-activities-2/

	Sickle Cell disease	https://ccox.sites.truman.edu/2019/03/12/s ickle-cell-disease-education-actions- afterschool-programs-activities/
Health Education	NEMOURS.	
Managing Chronic Health Conditions in Schools: The Role of the School Nurse	Control and Prevention	https://kidshealth.org/ https://www.cdc.gov/healthyschools/chroni c_conditions/pdfs/2017_02_15-FactSheet- RoleOfSchoolNurses_FINAL_508.pdf
Medicaid Expansion Communications Resources	Includes Medicaid information in 15 languages, information on Legal Services of Eastern Missouri and Health Literacy Media	https://mffh.org/our-focus/medicaid- expansion/resources/
MedlinePlus	MedlinePlus Trusted Health Information for You	https://medlineplus.gov/
Topics A-Z connects to a wide variety of topics, information and resources	Missouri Department of MENTAL HEALTH	https://health.mo.gov/atoz/index.php
Missouri Kids Count	MISSOURI KIDS COUNT-	http://mokidscount.org/
Missouri School Nurse Link	MISSOURI SCHOOL NURSE	http://www.schoolnurselink.com/
Missouri State Board of Nursing	Missouri State (hourd of Nursing	https://pr.mo.gov/nursing.asp
Missouri Student Survey (MSS)	Conducted in even- numbered years to track risk behaviors of students in grades 6-12 attending public schools in Missouri. Participation in the survey is completely optional. The survey includes questions on alcohol, tobacco and drug use and other behaviors that endanger health and safety.	<u>https://dmh.mo.gov/alcohol-drug/missouri-</u> <u>student-survey</u>
National Center for Complementary and Integrative Health	NIH National Center for Complementary and Integrative Health	https://www.nccih.nih.gov/
nursys	Look up, verify and monitor nurse licenses	https://www.nursys.com/
Research Brief - Addressing the Needs of Students with Chronic Health Conditions: Strategies for Schools	Control and Prevention	https://www.cdc.gov/healthyschools/chroni c_conditions/pdfs/2017_02_15-How- Schools-Can-Students-with- CHC_Final_508.pdf
Research Brief - Chronic Health Conditions and Academic Achievement	CONTROL Centers for Disease Control and Prevention	https://www.cdc.gov/healthyschools/chroni c_conditions/pdfs/2017_02_15-CHC-and- Academic-Achievement_Final_508.pdf

School Health Resource Guide for Best Practices	Includes Comprehensive School Mental Health, Employee Wellness, School Climate	https://chronicdisease.org/page/SHtoolsand resources/
Р	rofessional Organizati	ons
American School Health Association (ASHA)	American SCHOOL HEALTH Association Connecting Health & Learning	https://www.ashaweb.org/
Coordinated School Health Coalition	Offers free membership	https://www.healthykidsmo.org/
Missouri Association of School Nurses (MASN)	MASSN Harrison	https://missourischoolnurses.org/
Missouri Public Health Association (MOPHA)		https://www.mopha.org/
National Association of School Nurses (NASN)	National Association of School Nurses	https://www.nasn.org/home
Scre	ening Guidelines and	Tools
Edutainment and E-Learning Tools	Edutainment tools are a variety of videos for working with elementary students to prepare them to participate in vision and hearing screenings	https://health.mo.gov/living/families/school health/pdf/edutainment-tools.pdf
Growth Screening Guidelines	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/GuidelinesForGrowth.pdf
Hearing Screening Guidelines	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/HearingScreeningGuidelines.pdf
Vision Screening Guidelines	MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES	https://health.mo.gov/living/families/school health/pdf/GuidelinesVisionScreening.pdf
	Seizure Resources	
CDC Healthy Schools: Epilepsy	CONTROL Centers for Disease Control and Prevention	https://www.cdc.gov/healthyschools/npao/ epilepsy.htm
How to administer Diastat (rectal Diazepam)		https://showmeschoolhealth.org/resources/ administration-of-rectal-diastat/
How to administer Nayzilam (Midazolam nasal spray)	AND	https://www.nayzilam.com/how-to-use- nayzilam
How to administer Valtoco (Diazepam nasal spray)		https://www.valtoco.com/how-to-use

Legal Rights of Children with Epilepsy in School and Childcare: An Advocate's Manual	FOUNDATION	https://www.epilepsy.com/sites/default/file s/atoms/files/Legal%20Rights%20of%20Chil dren%20with%20Epilepsy%20in%20School% 20and%20Child%20Care.pdf
Epilepsy Foundation: Schools and Seizure Preparedness	FOUNDATION	https://www.epilepsy.com/preparedness- safety/schools
Seizure First Aid and Recognition	FOUNDATION	https://www.epilepsy.com/recognition
Seizure First Aid Training for School Personnel (requirement for Will's law)	EPILEPSY FOUNDATION END EPILEPSY TOGETHER MISSOURI & KANSAS	https://efmk.org/programs- services/education-programs/
Seizure rescue therapies	FOUNDATION	https://www.epilepsy.com/treatment/seizur e-rescue-therapies