



EMERGENCY ACTION PLAN

Hypoglycemia – Diabetes

Student Name: _____ DOB: _____ Grade: _____

Student Picture	Contact Information:
	Parent/Guardian Name: _____ Phone: _____
	Parent/Guardian Name: _____ Phone: _____
	Emergency Contact: _____ Phone: _____
	Additional Contacts: _____ Phone: _____

Building Health Office/School Nurse: _____ Phone: _____

AN EPISODE OF HYPOGLYCEMIA MAY INCLUDE ANY OR ALL OF THESE SYMPTOMS:

Are any of these signs and symptoms present and severe?

- ✓ Shaking
- ✓ Fast heartbeat
- ✓ Sweating
- ✓ Anxiety, irritability

Onset may be sudden and can progress to a life threatening low blood sugar. If untreated seizures and even death can occur.

Initiate care – do not delay treatment.

TREATMENT: Stop any activity. Do not leave the student alone.

Accompany the student to the Health Office for treatment, if possible, (blood glucose & monitoring)

Access assistance from the school nurse, if possible.

Proceed with the following care per healthcare provider's instructions:

- Give snack: ½ to ¾ cup juice, 3 – 4 glucose tabs., or hard candy
 - Give glucose gel for emergency care
 - Give glucagon if unresponsive, unable to swallow or unable to follow directions – After glucagon is given, call 911
- Glucagon should be given without delay if student is unconscious or experiencing a seizure
- Location of student's glucagon: _____ Route (injection or intranasal) _____
- Site on body for glucagon if given by injection: _____
- Staff member(s) trained by school nurse to administer glucagon to this student: _____

Call parents as soon as possible. Have a staff member accompany the student to medical care if needed – do not leave the student unattended. If on a field trip, notify the school nurse at: _____

If glucagon is given, 911 should be called immediately and the student should be transported to the nearest emergency room. Preferred hospital: _____

Doctor's Name: _____ Date: _____

Emergency Plan written by: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

The parent/guardian signature authorizes the nurse to share this information with school staff on a "need to know" basis. In the event of an emergency, care will be initiated and parents will be contacted.

This plan is in effect for the current school year only.