

# 3 Questions

## to Integrate Substance Use Disorder Services into Primary Care

This fact sheet provides information and education including examples of tools and potential mentoring opportunities for those rural healthcare providers beginning to provide or providing substance use disorder treatment services.

**Finding resources can be as easy as 1, 2, 3.**

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# 1. What should primary care providers know about substance use disorder — including opioids?

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### **National Institute on Drug Abuse**

Advancing Addiction Science Drugs, Brains, and Behavior: The Science of Addiction — VISIT: <https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/drug-misuse-addiction>

### **American Society of Addiction Medicine**

RESOURCES — Visit: <https://www.asam.org/resources/patient-resources>

### **RTI International**

Understanding, Preventing and Treating Opioid Abuse  
Multidisciplinary Research to Combat the Costs of Opioid Abuse — VISIT: <https://www.rti.org/emerging-issue/understanding-preventing-and-treating-opioid-abuse>

### **Providers Clinical Support System**

Discover the Rewards of Treating Patients with Opioid Use Disorders — VISIT: <https://pcssnow.org/>

### **Institute for Healthcare Improvement**

Health Care Providers Must Act Now to Address the Prescription Opioid Crisis — VISIT: <http://www.ihl.org/resources/Pages/Publications/Health-Care-Providers-Must-Act-to-Address-Prescription-Opioid-Crisis.aspx>



# 2. Where can I find resources?

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## ON PRESCRIBING:

### Affirm Health

Opioid Prescribing Guidelines: A State-by-State Overview — VISIT: [https://www.google.com/amp/s/www.affirmhealth.com/blog/opioid-prescribing-guidelines-a-state-by-state-overview%3fhs\\_amp=true](https://www.google.com/amp/s/www.affirmhealth.com/blog/opioid-prescribing-guidelines-a-state-by-state-overview%3fhs_amp=true)

### CDC

CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016 — VISIT: [https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fmmwr%2Fvolumes%2F65%2Frr%2Frr6501e1er.htm](https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fmmwr%2Fvolumes%2F65%2Frr%2Frr6501e1er.htm)

### American College of Physicians

Providers' Clinical Support System for Opioid Therapies — VISIT: <https://www.acponline.org/meetings-courses/focused-topics/providers-clinical-support-system-for-opioid-therapies>

### HHS/Opioids

Safe Opioid Prescribing — VISIT: <https://www.hhs.gov/opioids/prevention/safe-opioid-prescribing/index.html>

### National Institute of Drug Abuse

Other Opioid Prescribing Resources — VISIT: <https://www.drugabuse.gov/nidamed-medical-health-professionals/opioid-crisis-pain-management/other-opioid-prescribing-resources>

### CDC

Guideline Resources — VISIT: <https://www.cdc.gov/drugoverdose/prescribing/resources.html>

### Wonder Labs

Alternatives to Addictive Painkillers and Opioids — VISIT: [https://www.wonderlabs.com/blog/alternatives-to-addictive-painkillers-and-opioids?ad=goopioid&gclid=Cj0KCQjw1pbIBRDSARIsACfUG13-SG8aE4NAJ1ZMXi-3fMZb1HPZ9xPVILyDDbv\\_z-msY4TvOu7OdHJAaAltSEALw\\_wcB](https://www.wonderlabs.com/blog/alternatives-to-addictive-painkillers-and-opioids?ad=goopioid&gclid=Cj0KCQjw1pbIBRDSARIsACfUG13-SG8aE4NAJ1ZMXi-3fMZb1HPZ9xPVILyDDbv_z-msY4TvOu7OdHJAaAltSEALw_wcB)

## ON MEDICATION ASSISTED TREATMENT (MAT):

### Opioid Prescribing Courses for Health Care Providers

MAT — VISIT: <https://www.samhsa.gov/medication-assisted-treatment/training-resources/opioid-courses>

## Where can I find resources? CONTINUED

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### ON TREATMENT OPTIONS:

#### **SAMHSA Behavioral Health Treatment Services Locator** –

VISIT: <https://findtreatment.samhsa.gov/locator/home#.XKy3TZhKhPY>

#### **SAMHSA's National Helpline**

1-800-662-HELP (4357) – VISIT:

<https://www.samhsa.gov/find-help/national-helpline>

#### **Effective Treatments for Opioid Addiction** – VISIT:

<https://www.drugabuse.gov/publications/effective-treatments-opioid-addiction/effective-treatments-opioid-addiction>

#### **Probuphine: A Game-Changer in Fighting Opioid Dependence** –

VISIT: <https://www.drugabuse.gov/about-nida/noras-blog/2016/05/probuphine-game-changer-in-fighting-opioid-dependence>

#### **Extended-Release Naltrexone to Prevent Opioid Relapse in Criminal Justice Offenders** – VISIT:

<https://www.nejm.org/doi/full/10.1056/NEJMoa1505409#t=abstract>

#### **Addiction Technology Transfer Center Network**

Taking Action to Address Opioid Misuse – VISIT: <https://attcnetwork.org/centers/global-attc/taking-action-address-opioid-misuse>

#### **SAMHSA**

Recovery and Recovery Support – VISIT:

<https://www.samhsa.gov/find-help/recovery>

#### **Opioid Epidemic Practical Toolkit: Helping Faith and Community Leaders Bring Hope and Healing to Our Communities** – VISIT:

<https://www.hhs.gov/about/agencies/iea/partnerships/opioid-toolkit/index.html>

# 3.

## Where can I find information regarding on-going support/mentoring?

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### **RAND**

Opioid TA center — VISIT:

<https://www.rand.org/health-care/centers/optic.html>

### **National Institute on Drug Abuse (CME) — VISIT:**

<https://www.drugabuse.gov/nidamed-medical-health-professionals/health-professions-education/cmece-activities>

### **Telehealth can help us combat the opioid crisis —**

VISIT: <https://www.linkedin.com/feed/update/urn:li:activity:6519228043519619072>

### **Project C.L.E.A.N (Communities Leaders Eliminating the Abuse of Narcotics) — VISIT: <https://www.cch-inc.com/images/clean/clean.pdf>**

### **Columbus Community Hospital**

Project C.L.E.A.N. - Safe Use Not Abuse — VISIT:

<https://www.cch-inc.com/en/projectclean>

### **Hennepin Healthcare**

Project ECHO — VISIT: <https://www.hennepinhealthcare.org/project-echo/>

### **Minnesota Hospital Association**

Project ECHO: Extending Opioid Treatment Statewide — VISIT:

[https://www.mnhospitals.org/Portals/0/Documents/education/7369\\_GS03.pdf](https://www.mnhospitals.org/Portals/0/Documents/education/7369_GS03.pdf)

### **TeleECHO as an Educational Model for Treating Opioid Use**

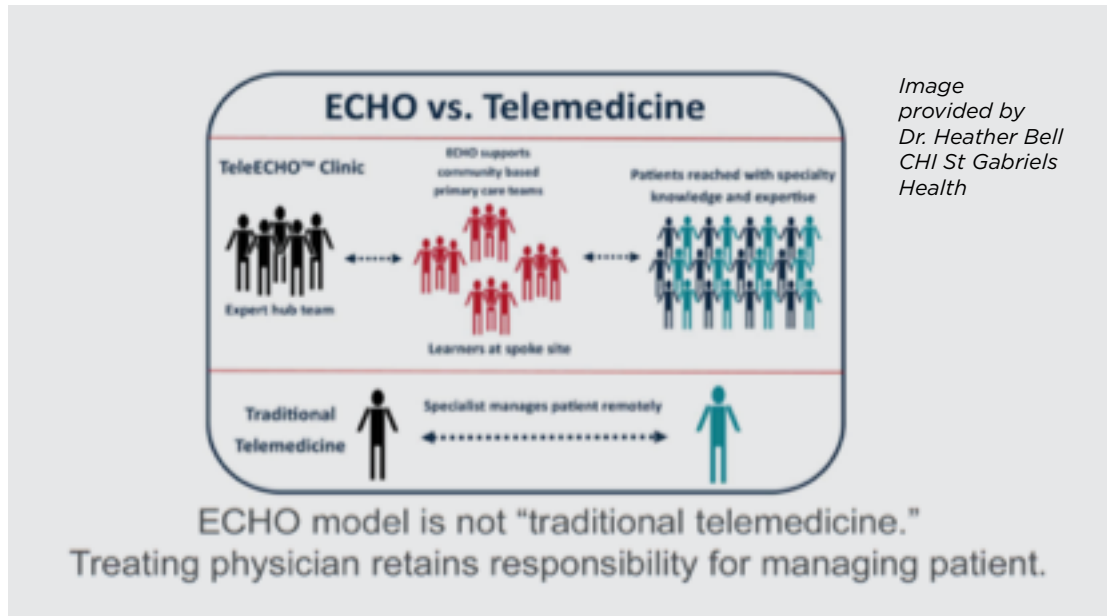
**Disorder** — VISIT: <https://minnesotaruralhealthconference.org/sites/default/files/5A%20TeleECHO%20as%20an%20Educational%20Model%20for%20Treating%20Opioid%20Use%20Disorder.pdf>

### **CHI St Gabriels Health**

Project ECHO — VISIT: <https://www.chistgabriels.com/echo/>

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## A Rural Response: Project ECHO



*Image provided by Dr. Heather Bell CHI St Gabriels Health*

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## Other Resources:

### **SAMHSA-HRSA Center for Integrated Health Solutions**

Behavioral Health in Primary Care — VISIT: <https://www.integration.samhsa.gov/integrated-care-models/behavioral-health-in-primary-care>

### **SAMHSA**

Rural Opioid Technical Assistance (ROTA) — VISIT: <https://www.samhsa.gov/rural-opioid-technical-assistance-rot>

These resources are in no way an exhaustive list of the many quality resources available at little or no charge to providers serving SUD patients.

### **Easy as 1, 2, 3....**

### **To find the resources you need to assist the patients you serve.**

Contact NOSORH Education and Services Director, Chris Salyers ([chris.salyers@nosorh.org](mailto:chris.salyers@nosorh.org)) with questions, for discussion or for additional information.