MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES

### EMERGENCIES HAPPEN

Being Prepared Saves Lives



#### 3 Steps to Prepare for an Emergency:

- Create a plan for your family
- 2. Prepare an emergency kit
- 3. Listen for information about what to do and where to go during an emergency

To learn more about preparing a plan for your family, visit <a href="health.mo.gov">health.mo.gov</a> or contact your local public health department.

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## Basic Emergency Supply Kit:

Battery-powered radio

Canned or dried food

Extra batteries

**Bottled** water

Flashlight

First-aid kit

Prescription medicine

Clean clothes and sturdy shoes

Extra credit card

Extra money

Sturdy trash bags

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