

What Is the Child and Adult Care Food Program?

The Child and Adult Care Food Program (CACFP) was established to improve the meals and snacks served in child and adult day care settings.

Licensed family child care homes and licensed group child care homes must be in private residences to participate in the CACFP. Home child care providers are reimbursed for nutritious meals and snacks served to children. All child care homes are eligible for Tier II reimbursement rates. A higher rate (Tier I) will be paid to home providers who live in low income areas, have low income, or serve low income children.

The CACFP is administered by the Missouri Department of Health and Senior Services and funded by the U.S. Department of Agriculture. For more information about the Child and Adult Care Food Program, write or call:

Missouri Department of Health
and Senior Services
Bureau of Community Food and
Nutrition Assistance
P.O. Box 570
Jefferson City, MO 65102
Call with questions
573-751-6269
800-733-6251
or
E-mail questions
cacfp@dhss.mo.gov
or visit our website at
www.dhss.mo.gov/cacfp

What Are the Eligibility Requirements?

- ✓ All family child care homes and group child care homes must be licensed by the Missouri Department of Health and Senior Services or a branch of the military.
- ✓ Family child care homes and group child care homes must be in provider's own residence, the private residence of another, or a rented or unoccupied private residence.
- ✓ Family child care homes and group child care homes must participate in the CACFP through a **sponsoring organization**.

What Is a Sponsoring Organization?

Sponsoring organizations are nonprofit or public organizations that contract with the Missouri Department of Health and Senior Services. They serve as sponsors for family child care homes. Their responsibilities are:

- ✓ Make at least three visits annually to family child care home and group child care providers to observe meal service and program compliance.
- ✓ Check records such as menus, meal counts, and attendance records on a monthly basis.
- ✓ Train home providers on program requirements.
- ✓ Provide help to home providers in areas of nutrition, nutrition education, food preparation, and food sanitation.

- ✓ Determine if the sponsored providers are Tier I homes and determine which children are eligible for Tier I reimbursement.
- ✓ Submit claim information on a monthly basis to the Missouri Department of Health and Senior Services – Community Food and Nutrition Assistance.
- ✓ Disburse or mail reimbursement checks to home providers in a timely manner for meals served.

A list of sponsoring organizations is included in this brochure. Services provided by the sponsoring organization may include other services in addition to those listed above.

Child Care Home Responsibilities

- ✓ Serve meals meeting program requirements.
- ✓ Keep accurate meal count and daily attendance records on a per child basis.
- ✓ Keep accurate records of all meals served, including menus and meal count documentation.
- ✓ Claim no more than two meals and one snack or one meal and two snacks for each child per day. The child must be in attendance and be served a creditable meal.

FAMILY CHILD CARE HOME SPONSORING ORGANIZATIONS AS OF AUGUST 2008

Allen Chapel AMEC
P.O. Box 300735
Kansas City, MO 64130
877-924-6302 (toll free)
816-924-6302
allen4125@sbcglobal.net

Child Day Care Assn.
4236 Lindell Blvd.
Suite 300
St. Louis, MO 63108
800-467-2322 ext 29
314-531-1412
cathy@childcaresstl.org

Child Nutrition Service,
Inc.
P.O. Box 28070
Kansas City, MO 64188
800-531-9209
816-453-8700
child_nutrition_serv@hotmail.com

Council of Churches of
the Ozarks, Inc.
1531 E. Sunshine,
Suite E1
Springfield, MO 65804
800-818-6812
417-865-8427
Vicki@ccfpfood.com

Delta Area Economic
Corp.
99 Skyview
Portageville, MO 63873
800-748-8320
573-379-3851
rcoffey@daeoc.com

NEMO Community
Action Agency
P.O. Box 966
Kirksville, MO 63501
800-737-3165
cmcintosh@nmcaa.org

The Family Conservancy
3217 Broadway
Kansas City, MO 64111
816-753-5280
amood@thefamilyconser-vancy.org
kbender@thefamilyconser-vancy.org

YWCA of St. Joseph
304 North 8th St.
St. Joseph, MO 64501
800-404-9922
816-232-4481
gstanley@ywcasj.org
jroot@ywcasj.org

**Missouri Department of Health and Senior Services
Child and Adult Care Food Program**

FOOD CHART – CHILDREN¹	AGE 1 and 2	AGE 3 through 5	Age 6 through 12
BREAKFAST			
Fluid Milk	½ cup	¾ cup	1 cup
Juice or Fruit or Vegetable	¼ cup	½ cup	½ cup
Bread or Bread Alternate	½ slice or ½ serving	½ slice or ½ serving	1 slice or 1 serving
SNACKS (Serve 2)²			
Fluid Milk	½ cup	½ cup	1 cup
Juice or Fruit or Vegetable	½ cup	½ cup	¾ cup
Meat or Meat Alternate	½ oz.	½ oz.	1 oz.
Bread or Bread Alternate	½ slice or ½ serving	½ slice or ½ serving	1 slice or 1 serving
LUNCH/ SUPPER			
Fluid Milk	½ cup	¾ cup	1 cup
Meat or Poultry or Fish or Cheese or Egg	1 oz.	1 ½ oz.	2 oz.
Cooked Dry Beans or Peas or Peanut Butter ⁴	1 ¼ cup 2 tblsp.	1 3/8 cup 3 tblsp.	1 ½ cup 4 tblsp.
Vegetables and/or Fruits <i>Must serve at least 2 different varieties³</i>	¼ cup	½ cup	¾ cup
Bread or Bread Alternate	½ slice or ½ serving	½ slice or ½ serving	1 slice or 1 serving

¹CACFP Food Chart is the same as the Department of Health and Senior Services' licensing requirements.

²Juice may not be served if milk is the only other component at snack.

³A minimum of 1/8 cup each must be served.

⁴Nut butters may only meet 50% of the required serving.

Infant meal pattern available for children under 1 year of age.

Missouri Department of Health
and Senior Services

Division of Community and Public Health

Bureau of Community Food and
Nutrition Assistance

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Jefferson City, MO 65102
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800-733-6251

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*Have you heard
about the
Child and Adult Care
Food Program?*



*Building Good Nutrition
Through Child
Care Homes*