



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
 COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)
 CHILD AND ADULT CARE FOOD PROGRAM (CACFP)
AT-RISK SNACK & SUPPER MENU TEMPLATE (5 DAY)

Exercise: Find the Errors.

NAME OF CENTER/FACILITY Afterschool Food & Fun					
YEAR 20XX WEEK OF June 1 to June 5					
	DATE 6/1	DATE 6/2	DATE 6/3	DATE 6/4	DATE 6/5
SNACK PM Serve 2 of 5					
Milk					whole chocolate milk
Meat/Meat Alternates		cheese stick	strawberry yogurt		
Vegetable	carrot sticks				
Fruit	apples			strawberries	
Grain		pretzels	vanilla wafer	WG biscuit	blueberry muffin
Other Foods					
SUPPER					
Milk	1% milk	1% milk	1% milk	1% milk	1% milk
Meat/Meat Alternates	hot dog (CN)	cheese pizza (HM)	chicken nuggets (CN)	hamburger	peanut butter
Vegetable			mashed potatoes	baked beans, sweet potato fries	baby carrots
Fruit	oranges, pineapple	banana	diced pears		pineapple chunks
Grain	bun	WG pizza crust (HM)	breeding (CN)		sandwich bread
Other Foods					jelly

Note: Minimum serving sizes per age group and meal requirements as listed on the Food Charts must be followed for a creditable **CACFP** meal.