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15	Customized Caregiver Training and Relief Program (CCTRP)	Missouri Rural Health Association	DHSS/DSDS/Bureau of Senior Programs	No age restrictions for caregiver or care recipient	caregiver and care receiver must be Missouri residents, caregiver and care receiver must live in the same home (persons residing in long-term care facilities are not eligible)	No financial limitations for acceptance. Services paid by Medicare, Medicaid, or any other source cannot be reimbursed to the caregiver	No veteran requirements	Probable diagnosis of Alzheimer's disease or related dementia	Enrollment contingent upon funding availability and distributed on a first come, first served basis	Training provides hands-on instruction and education so the caregiver can manage challenging behaviors, learn care strategies, and improve quality time at home. Trained staff make a free, confidential in-home assessment, provide caregiver education, and link caregivers to needed community resources. Caregiver Relief provides financial assistance to caregivers living with and caring for persons with Alzheimer's disease or related dementias. Reimbursement is provided to caregivers for expenses related to the use of respite care services and/or the purchase of products and services required to care for the individual with dementia. Reimbursements could include assessment and care coordination, in-home care, adult day care, incontinence product, safety and supportive programs, education programs, counseling services, nutritional supplements, etc.	Agency and self-referrals welcome	Erin Alewine, Dementia Specialist 573.415.6247 mrhassociation.org/caregivers/
16	Eldercare Locator	Administration for Community Living (ACL)	ACL, Administration on Aging	Varies by program	Nationwide, but specific services for Missouri by ZIP code	Varies by program	Varies by program	Varies by program	Generally no	Eldercare Locator is a public service of the US Administration on aging connecting people to services for older adults and their families that are tailored to the individual by location. Online resources include a Caregiver Corner with useful links and answers to frequently asked questions.	Varies by program	800-677-1116 or eldercare.acl.gov
17	Family Caregiver Toolbox	Caregiver Action Network	CAN	None	Nationwide	No specific financial requirements	No Veteran requirements	No	No	Articles, checklists, training videos, newsletters, support forums, and many other online resources for family caregivers. Live helpdesk can be reached via phone or web chat Monday-Friday, 7A-6P.	n/a	Caregiver helpdesk: 855-227-3640 or visit https://www.caregiveraction.org/family-caregiver-toolbox
18	Foster and Adoptive Caregiver Services and Support	Central Missouri Foster Care and Adoption Association	CMFAA	Adults caring for minor children	Serves 24 counties in central Missouri	No specific financial requirements	No veteran requirements	n/a	No	Kinship Navigator program provides support to families who are caring for others' children. They can be another relative to the child such as a grandparent or aunt, or a close trusted friend or neighbor. The program helps families connect to necessary resources, expands family support services, seeks to reduce stress, and promotes family stability. Services offered include navigating the child welfare, mental health, and educational systems, providing training and licensing assistance to relative childcare providers, connecting caregivers to food, clothing, and other tangible resources	No	573-298-0258
19	Foster and Adoptive Caregiver Services and Support	Foster Adopt Connect	FAC	Adults caring for minor children	Services available around Independence, Springfield, Joplin, Chillicothe, Poplar Bluff, and Kirksville	No specific financial requirements	No veteran requirements	n/a	No	FosterAdopt Connect works with children, youth, and families as they navigate the complexities of the child welfare system. Programs include 30 Days to Family, foster care advocacy, behavioral interventions, clinical services, Connect Cafe, food pantry/clothing closet, Kinship Navigator, legal services, respite care, and support	No	816-350-0215
20	Foster and Adoptive Parent Supportive Services	Foster & Adoptive Care Coalition	FACC	Adults caring for minor children	Serves 12 counties in the St Louis Metro (Missouri and Illinois)	No specific financial requirements	No veteran requirements	n/a	No	Comprehensive wraparound support services help foster and adoptive families build resilience. Services include educational advocacy, parent training, support groups, therapy, wish granting, case navigation, free/discounted clothing, and more	Agency or self-referrals welcome	314-367-8373
21	General Caregiver Support Services (PGCSS)	Area VA Hospitals	US Department of Veterans Affairs	No age restrictions for caregiver or care recipient	Veterans are served by their local VA facility	Veteran enrolled in VA health care benefits	The Veteran must be enrolled in Department of Veterans Affairs (VA) health care and be receiving assistance from a caregiver in order for the caregiver to	Some programs require service disability of the veteran	No	PGCSS offers services including skills training, coaching, phone support, and online programs for caregivers of veterans.	Reach out to the facility CSP Team/Caregiver Support Coordinator or request a referral from the veteran's provider	Truman Veterans Hospital-Columbia 573-814-6204 Kansas City VA 816-922-2044 Pershing VA-Poplar Bluff 573-778-4476 St. Louis VA-314-652-4100x54127 https://www.caregiver.va.gov/Care_Caregivers.asp
22	Gilda's Club	n/a	n/a	No	Greater KC	No	No	Cancer diagnosis	No	Support groups, counseling, and wellness programs, and education for anyone impacted by a cancer diagnosis	No	(816) 531-5444 or gildasclubkc.org
23	Independent Living Waiver	1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/DSDS	Care for persons 60 or older and to adults with disabilities between the ages of 18 and 59.	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirements	Must meet disability requirements	A participant of CDS must be able to direct the care planning process and hire an attendant	The Independent Living Waiver is similar to the Consumer-Directed State Plan Personal Care program, requiring the same eligibility criteria be met and offering additional personal assistance services beyond the limitations of the state plan. Additional services available include: environmental accessibility adaptations specialized medical equipment and supplies financial management services case management The Department of Health and Senior Services, Division of Senior and Disability Services administers this program through an inter-agency agreement with the MO HealthNet Division.	Yes	Contact DSDS Central Office at 573.526.8557

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24	Kinship Navigator Program	Central Missouri Foster Care and Adoption Association	n/a	Must be caring for a child age 18 or under who is not your own when the natural parent(s) cannot or will not do so	Must live within one of 24 counties served by CMFCAA (families residing outside of coverage area will be contacted and referred out)	No financial requirements	No veteran requirements	n/a	No	The Kinship Navigator Program provides support to families who are caring for other's children. They can be another relative to the child such as a grandparent or aunt, or a close trusted friend or neighbor. The program helps families connect to necessary resources, expands family support services, seeks to reduce stress, and promotes family stability. Services offered: Support groups that focus on the unique needs of children who have been neglected or abused. Navigating the child welfare, mental health, and educational systems including crisis intervention services Providing training and licensing assistance to relative care providers Connecting caregivers to food, clothing, and other tangible resources Respite exchange	No	573-298-0258
25	KU Alzheimer's Disease Research Center	Contracted w/ MARC for some services	n/a	No	MO/KS	No	No	Dementia of any kind	No	CareText support program, support groups, training/education, research studies galore, empowerment talks, SPARK, My Alliance for Better Health Initiatives	No	https://www.kumc.edu/research/alzheimers-disease-research-center.html
26	Medical Foster Care Program	Individual providers in served areas	VA	No age restrictions	Enrolled at a Missouri VA Medical Center (currently Kansas City, St. Louis, Springfield, Branson, Joplin, and Columbia areas)	There is a monthly rate based on recipient's care needs and financial resources. The cost may be paid using a combination of private income, social security, savings, VA income, or other funding.	Care recipient must be a veteran enrolled at a participating VA Medical Center. Some medical foster care homes also serve non-veterans through a private-pay arrangement.	No particular diagnosis. Voluntary care option when living at home becomes difficult. Can serve as an interim alternative while waiting on long-term care facility admission. Care needs may include physical care, medication management, mental health support, or respite/involvement	The veteran and the caregiver will sign a private care agreement covering care provided, rate, rights, and responsibilities.	MFH is a voluntary care option in a non-institutional, homelike setting. The Home Based Primary Care Program will visit regularly. This team includes a nurse practitioner, nurse, social worker, occupational or physical therapist, pharmacist, and psychologist. Team members provide case management and support to the veteran and the caregiver. Medical foster homes provide private rooms, medication management, personal care, supervision, individualized care planning, a consistent caregiver, meals, housekeeping/laundry, home-like living, flexibility and choice, socialization and recreation, and other care support as needed.	PACT or HBPC team referral required.	Natalie Gough, Medical Foster Home Coordinator 573-814-6000 x5452
27	Medically Fragile Adult Waiver	1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/BSHCN	Care for individuals 21 and older (No longer eligible under the Healthy Children and Youth Program)	Care recipient must be a Missouri resident	Care recipient must qualify for Medicaid	No veteran requirements	Serious and complex medical needs, requiring placement in an ICF/MR absent these services	No	The Medically Fragile Adult Waiver offers services to individuals who have serious and complex medical needs and are no longer eligible for services under the Healthy Children and Youth program. To be eligible, an individual must be age 21 or older and assessed as requiring placement in an ICF/MR absent these services. The services available include attendant care, private duty nursing, and specialized medical supplies.	Yes. Contact BSHCN for process.	Contact Bureau of Special Health Care Needs 573-751-6246
28	Missouri Assistive Technology	Missouri Assistive Technology	Missouri Assistive Technology	No age restrictions	Missouri Resident	Some programs have financial restrictions	No veteran requirements	Some programs have limitations, while others do not	No	A variety of programs for individuals with disabilities or experiencing age-related changes. Demonstration centers to see, try, and learn about devices, Equipment Technology Consortium (ETC) short term device loan program, Telecommunications Access Program (TAP) providing equipment to individuals who have problems sending or receiving phone calls, texts, or emails or who have problems using the Internet.	No	https://at.mo.gov/
29	Missouri Caregiver of the Year	Constituent Services	DHSS/DSDS/Constituent Services	No age restrictions for caregiver or care recipient	Missouri resident	No financial limitations	No veteran requirements	No diagnosis limitations	No	Do you know someone who puts their life on hold to care for a family member or friend? Nominate that person for Caregiver of the Year. A story and photo of an unpaid caregiver will be featured each month on the DSDS website.	Anyone can nominate	Get nomination form and photo release form from health.mo.gov/seniors/caregiver and send to melissa.laneave@health.mo.gov
30	Missouri Centers for Independent Living (MOCIL)	Missouri Centers for Independent Living (MOCIL)	N/A	No	22 Centers in Missouri cover all 114 counties	Some programs have financial restrictions	No veteran requirements	Some programs have limitations, while others do not	Varies by program	MOCIL is a statewide association dedicated to protecting and advancing the civil rights of people with disabilities. Centers are community-based, non-residential, not-for-profit organizations that are community controlled. Funding for Centers comes from a variety of sources, including federal, state, and/or local governments, grants, and fee-for-service programs. Federal regulations require that at least 51% of a Center's board of directors and Center staff are individuals with disabilities. Services vary at each center but include consumer-directed services, information and referral, peer counseling, advocacy, skills training	Self-referrals accepted	https://mociil.org/locations/independent-living-resource-center-ilrc/
31	Missouri Children's Developmental Disabilities Waiver	Medicaid Home and Community Based Waiver Program funded with federal dollars and general revenue/local county match	DMH	Care recipient must be under the age of 18.	Child must be living at home with one or both parents (not in placement)	MO HealthNet (Medicaid) guidelines require parental income and resources to be considered in determining a child's financial eligibility for MO HealthNet when the child lives at home with the parents. This requirement, called deeming parental income to the child, is waived for children who participate in the MOCCD Waiver. To qualify, the child should not currently be receiving MO HealthNet services.	No veteran requirements	Child must be eligible for and receiving DD services. https://dmh.mo.gov/media/pdf/mocdd-waiver-screening-request	the child must meet the requirements as outlined in the MOCCD Waiver Eligibility Requirement document. https://dmh.mo.gov/media/pdf/mocdd-waiver-eligibility-requirements	The Missouri Children's with Developmental Disabilities (MOCCD) Waiver is a Medicaid waiver administered by the Division of DD since October 1, 1995. Services available through the MOCCD Waiver include: Assistive Technology, Applied Behavior Analysis, Community Specialist, Crisis Intervention, Day Services, Environmental Accessibility Adaptations-Home/Vehicle Modification, Individual Directed Goods and Services, Respite, Personal Assistant, Specialized Medical Equipment and Supplies, Support Broker, and Transportation. This waiver provides participants eligibility for all State plan Medicaid services in addition to waiver services. The MOCCD waiver serves no more than 366 participants and remains below the cost of an ICF/ID facility.	Contact your local Division of Developmental Disabilities Regional Office and ask for Intake Eligibility	https://dmh.mo.gov/dev-disabilities/regional-offices
32	Missouri Family-to-Family	UMKC/IHD - University Center for Excellence on Developmental Disabilities	DMH/DD	No	Missouri residents	No restrictions	No veteran requirements	Families of persons with developmental disabilities	No	Resource center providing basic information and referral services, help with advanced problem solving, peer matching and mentoring, advocacy and leadership training, and educational opportunities for people with disabilities and their families.	No	https://mofamilytofamily.org/
33	Missouri Services Navigator	Missouri Workforce System Partners	Multiple	Varies	Missouri residents (specific programs may have other requirements)	Varies	Varies	Varies	No	Enter Missouri county and type of service needed for links to many public and private service providers across the state.	No	https://mo.servicenavigator.org/

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34	MS Society- Mid-America Chapter	MS Society	n/a	N	Western MO, KS, NE	No	No	Multiple Sclerosis	No	Support groups, online discussion community, connection to information and resources, some case management and financial counseling services, if available.	For some services	1-800-344-4867 For an MS Navigator, https://www.nationalmssociety.org/Chapters/KSG
35	National Council on Aging	NCOA	n/a	n/a	nationwide	n/a	n/a	n/a	n/a	Online resources for older adults, caregivers, and aging professionals	n/a	https://www.ncoa.org/
36	National Family Caregiver Support Program	Area Agencies on Aging	DHSS/DSDS/Bureau of Senior Programs	Adult family members or other informal caregivers age 18 or older providing care to individuals 60 or older, Adult family members or other informal caregivers age 18 or older providing care to individuals of any age with Alzheimer's disease and related disorders, Older relatives (not parents) age 55 or older providing care to children under the age of 18, Older relatives, including parents, age 55 or older providing care to	Missouri resident	No limitations for enrollment, but priority given to low income participants.	No veteran requirements	No particular diagnoses of care receiver required to participate, but if receiver has Alzheimer's disease or a related dementia, age requirements are waived.	Priority given to those with greatest social or economic need	Services vary by AAA, but can include caregiver support services such as information about available resources, assistance in gaining access to the resources, individual counseling, organization of support groups, caregiver training, respite care, and supplemental services. The supplemental services might include minor home modifications, medical or incontinence supplies, nutritional supplements, assistive technology, durable medical equipment, or one-time financial assistance.	Agency or self-referrals welcome	Call the Senior Resource Line to be connected with the AAA in your area 800.235.5503 https://health.mo.gov/seniors/aaa/
37	Older Adult Programs	City of Chesterfield	n/a	55+	Area around Chesterfield	No specific financial requirements	No veteran requirements	No	No	Senior Sizlers gives you the opportunity to join the other Older Adults within the area for different programs and events including outings, seminars, exercise programs, and support groups.	No	https://www.chesterfield.mo.us/older-adult-programs.html
38	Online Resources	Care Connection	AAA	None	None	None	No veteran requirements	No	n/a	Long list of online resources compiled by Care Connection Area Agency on Aging in Warrensburg	No	https://goajink.org/resources/
39	Online Support	Family Caregiver Alliance	n/a	None	Nationwide	No specific financial requirements	No veteran requirements	No	Some support groups are for specific demographic groups such as LGBTQ+, young adult caregivers, etc.	FCA facilitates and sponsors several types of support groups including those for caregivers who want a safe place to discuss the stresses, challenges, and rewards of providing care for adults with disorders such as Alzheimer's, stroke, brain injury, and other chronic debilitating health conditions. They also have a wide range of resources, tips, and information available online.	No	caregiver.org
40	ParentLink	University of Missouri	College of Education and Human Development	Caregivers of children under 18	All Missouri families eligible	No financial requirements	No veteran requirements	No diagnosis requirements	No	ParentLink's WarmLine is your direct access to family strengthening information and support: Visit with professionals who can assist you in thinking through solutions to your parenting concerns. Obtain community service and other resource information. Family Support Specialists offer problem-solving support, research-based information, and referrals to services. In areas of the state where we have funding to do so, we also offer follow-up calls to ensure that families get connected with needed resources. During follow-up we help families problem-solve any barriers to accessing services and provide additional information and referrals as needed. ParentLink's Kinship Navigator Line (Kin-4-Kid Line) exists to assist and strengthen families of relative/kin caregivers, grandparents, and foster parents caring for children in a kinship relationship. This includes children being cared for by kin in foster care or legal guardianship arrangements, children at risk of entering foster care being cared for by kin, and children being cared for by kin outside of the child welfare system. Statewide Kinship Navigators can assist with areas such as finding transportation, assistance with housing and utility needs, connection to mental and behavioral health resources, access to developmental screenings for young children, finding household items, clothing, and	Agency or self-referrals welcome	Warmline (all caregivers and professionals) 800.552.8522 Kinship Navigator line (kinship caregivers and grandfamilies) 833.KIN4KID (833.546.4543) https://education.missouri.edu/parentlink/ email parentlink@missouri.edu
41	Parkinson's Foundation-Heartland Chapter	Parkinson's Foundation	n/a	No	KS, NE, IA, MO	No	No veteran requirements	Parkinson's Disease or caregiver of person w/ PD	No	Support groups, exercise and wellness classes for care recipient,	No	https://www.parkinson.org/sites/default/files/documents/Heartland_Wellness_Programs_062123MS.pdf https://www.parkinson.org/sites/default/files/documents/kansas_and_Missouri_Support_Groups_062123MS.pdf
42	Partnership for Hope Waiver	Medicaid Home and Community Based Waiver Program funded with federal dollars and general revenue/local county match	This is a county-based waiver that is a result of a partnership the Missouri Association of County Developmental Disabilities Services, the Division of Developmental Disabilities (DD), and the MO HealthNet Division.	This waiver can serve adults and children.	Care recipient must be a resident of one of the counties shown in the linked map. There are currently 11 Missouri counties that do not participate. https://dmh.mo.gov/media/pdf/counties-partnership-hope-waiver-map	Care recipient must qualify for Medicaid	No veteran requirements	Care recipient must meet eligibility criteria for Division of DD services and meet ICF/D level of care.	Confirmation that needs can be met with the current community support system, meet crisis or priority criteria. Outlined in this document https://dmh.mo.gov/media/pdf/partnership-hope-summary	The Partnership for Hope Waiver began October 1, 2010. Early research on best practices and the waiver development. It was supported by a grant from the Missouri Foundation for Health to the Missouri Association of County Developmental Disabilities Services. This waiver can serve adults and children and has an annual total waiver service cost limit per participant of \$12,362. The Partnership for Hope Waiver serves over 2,100 individuals. Services could include Applied Behavior Analysis (ABA), Assistive Technology, Benefits Planning, Career Planning, Community Networking, Community Specialist, Community Transition, Day Habilitation, Dental, Environmental Accessibility Adaptations, Family Peer Support, Individual Directed Goods and Services, Individualized Skill Development, Job Development, Occupational Therapy, Personal Assistant, Physical Therapy, Prevocational Service, Professional Assessment & Monitoring, Specialized Medical Equipment and Supplies, Speech Therapy, Support Broker, Supported Employment, Temporary Residential or Transportation	Contact your local Division of Developmental Disabilities Regional Office and ask for Intake Eligibility	Division of Developmental Disabilities at 573-526-7555.
43	Private Homecare Services	Various	Missouri Alliance for Home Care	No	No	Generally private pay	No	No	Varies by provider	Private citizens contracting with home care companies to provide care for loved ones.	No	573-634-7772 or https://www.homecaremissouri.org/

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44	Program of Comprehensive Assistance for Family Caregivers (PCAFC)	Missouri VA Hospitals	US Department of Veterans Affairs	No age restrictions for caregiver or care recipient	Veterans are served by their local VA facility	Veteran enrolled in VA health care benefits	The Veteran must be enrolled in Department of Veterans Affairs (VA) health care and be receiving assistance from a caregiver in order for the caregiver to participate.	Veterans may be eligible for this clinical program if they: Sustained or aggravated a serious injury (or illness) in the line of duty in the active military, naval or air service during any service era. Among other applicable eligibility criteria, an eligible Veteran must: Have a single or combined service-connected disability rating by the Department of Veterans Affairs (VA) of 70% or more, and Be in need of personal care services (requiring in-person personal care services) for a minimum of six continuous months based on any one of the following: - An inability to perform an activity of daily living.	No	Veterans can designate one (1) Primary Family Caregiver and up to two (2) Secondary Family Caregivers on the application. Secondary Family Caregivers serve as a backup support to the Primary Family Caregiver when needed. Services will depend on whether you are the Primary Family Caregiver or a Secondary Family Caregiver. Caregivers may receive: A monthly stipend (paid directly to the caregiver), access to health care insurance through CHAMPVA, mental health counseling, beneficiary travel benefits when traveling with the veteran to appointments, respite care	Reach out to the facility CSP Team/Caregiver Support Coordinator or request a referral from the veteran's provider	https://www.caregiver.va.gov/
45	Remote Support	Careforth	n/a	None	None	Some programs are free and others are private pay	No veteran requirements	Some services specifically for persons with dementia and their caregivers	No	Links to several virtual support groups, forums, and other resources for people living with dementia and their caregivers. (Careforth also provides an expert care team, emotional support, and connects to financial assistance for families caring for loved ones at home, but these services are not currently offered in Missouri).	n/a	https://www.careforth.com/blog/7-best-remote-support-groups-for-caregivers-of-people-with-dementia
46	Sandwiched-KC	Sandwiched	n/a	No	In-person services & respite vouchers offered in Greater Kansas City	No	No	No	No	Virtual and in-person support groups, annual caregiver conference, training, respite vouchers	No	(816) 472-9178 www.sandwichedkc.com info@sandwichedkc.com
47	Shared Care Tax Credit	n/a	Department of Revenue	Care recipient 60 or older	Caregiver and care receiver must be Missouri residents, caregiver and care receiver must live in the same home at least 6 months per tax year	Person receiving care cannot receive funding or services through Medicaid or Social Services Block Grant	No veteran requirements	The care recipient must be physically or mentally incapable of living alone, as determined and certified by a physician licensed pursuant to Chapter 334, RSMo; and Requires assistance with activities of daily living to the extent that without care and oversight at home would require placement in a facility licensed pursuant to Chapter 209.	Care recipient is not allowed to operate a motor vehicle	Provides a tax credit to help families offset the costs of caring for an elderly person	No	To file a claim for the credit with the Missouri Department of Revenue, the original, completed, and signed physician certification for Shared Care Tax Credit Form MO-SCC, must be attached to the individual income tax return
48	Southeast Missouri Transportation Services (SMTS)	SMTS	n/a	Anyone can ride	21 counties in Southeast Missouri	Payment is by anonymous suggested donation	No veteran requirements	No	No	Door-to-door transportation to medical appointments, shopping, nutrition, recreation, and personal business.	No	800-273-0646 or ridesmts.org
49	Structured Family Caregiver Waiver (SFCW)	1915c Home and Community Based Waivers granted by the Centers for Medicare and Medicaid Services	DHSS/DSDS	Adults age 21 and over	Caregiver and care receiver must be Missouri residents. Caregiver and care receiver must live in the same home (persons residing in long-term care facilities are not eligible)	Must be Medicaid eligible	No veteran requirements	Adults with Alzheimer's or a related disorder diagnosed by a licensed physician in Missouri	Care receiver must meet nursing facility level of care	The Structured Family Caregiving Waiver (SFCW) was developed to provide a comprehensive and cost-effective Home and Community-Based Service (HCBS) option for individuals ages 21 and older diagnosed with Alzheimer's or a related disorder who wish to live at home in the community and would otherwise require institutionalization in a nursing facility. The Department of Health and Senior Services, Division of Senior and Disability Services administers this program. Services include homemaker, attendant care, medication oversight, and escorting or transporting individuals.	A referral for HCBS is required in order to initiate an assessment to determine if eligible participants meet Skilled Nursing Facility Level-of-Care	HCBS Intake team 866.835.3505 online referral form at health.mo.gov/seniors
50	Suicide and Crisis Lifeline	n/a	DMH	No age restrictions	Nationwide	No financial requirements	No veteran requirements	No diagnosis requirements	No	By calling or texting 988, you'll connect with mental health professionals with the 988 Suicide and Crisis Lifeline, formerly known as the National Suicide Prevention Lifeline. The 988 Lifeline provides 24/7, confidential support to people in suicidal crisis or mental health-related distress.	Agency or self-referrals welcome	Call or text 988