



# Healthy Teeth - Healthy Pregnancy

## Why is dental care important during my pregnancy?

While pregnant, you may be more likely to pass bad bacteria to your baby which makes them more likely to get cavities. Pregnancy also increases the chances of you developing gum disease. To make sure you and baby stay healthy during your pregnancy, it's important to get regular check-ups with your dentist.

Remember, you're brushing for two now. Visit [tinyurl.com/ProtectTinyTeeth](http://tinyurl.com/ProtectTinyTeeth) to learn more.

## How do I make an appointment?

To find a dentist in your area, contact your health plan:

Healthy Blue  
1-800-322-6027

Home State Health  
1-855-694-4663

UnitedHealthcare  
1-866-292-0359

## What services are covered?

Services covered through MO HealthNet include:

- Cleanings
- Fillings
- Extractions
- Crowns
- Dentures
- Root Canals

