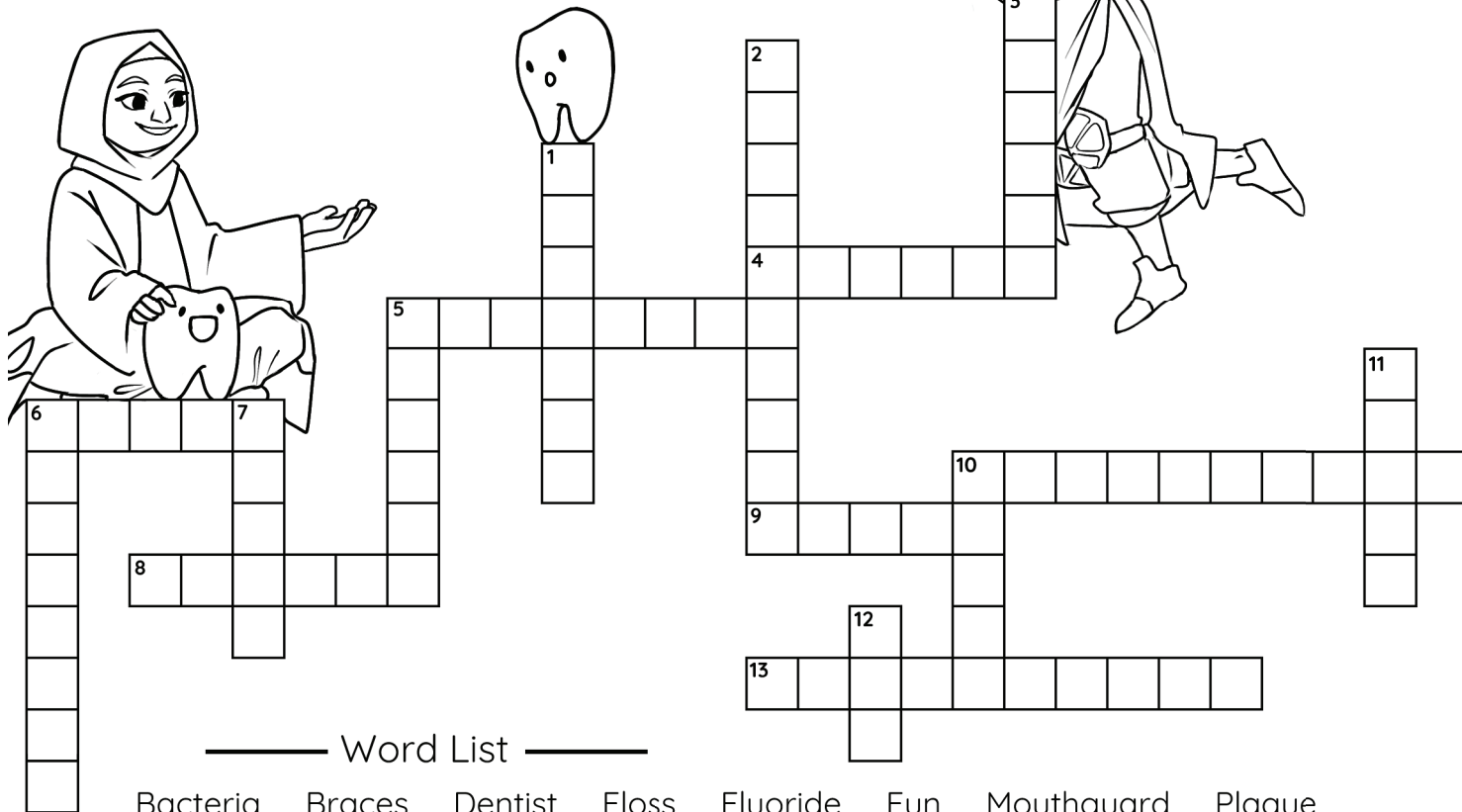
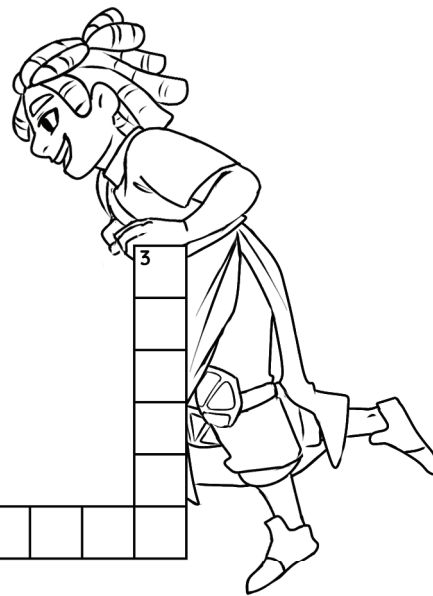


# CROSSWORD



\_\_\_\_\_ Word List \_\_\_\_\_

Bacteria Braces Dentist Floss Fluoride Fun Mouthguard Plaque  
Smile Snacks Sugar Teeth Tongue Toothpaste Water Vegetables

**Down:**

1. A \_\_\_\_\_ is a doctor who helps you keep your teeth, gums, and mouth healthy.
2. Broccoli and carrots are nutritious \_\_\_\_\_.
3. If not removed, it can lead to cavities.
5. \_\_\_\_\_ can help straighten your teeth.
6. \_\_\_\_\_ helps protect your teeth from cavities.
7. Keep your smile healthy by only eating sweets or \_\_\_\_\_ as a treat.
10. Your \_\_\_\_\_ can last all of your life, so take good care of them.
11. Drink \_\_\_\_\_ with fluoride instead of juice or soda pop.
12. Brushing and flossing are \_\_\_\_\_!

**Across:**

4. Don't forget to brush your \_\_\_\_\_.
5. \_\_\_\_\_ is another word for germs that can cause decay (or cavities).
6. A toothbrush and \_\_\_\_\_ help to clean your teeth.
8. Eating the right \_\_\_\_\_ will keep your teeth healthy.
9. Great job, you make me \_\_\_\_\_!
10. Brush your teeth twice a day with fluoride \_\_\_\_\_.
13. Wear this to protect your teeth and mouth from injury while playing sports.

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February is National Children's Dental Health Month. Visit [ADA.org/NCDHM](https://ada.org/NCDHM) for more activity sheets.

**HEALTHY SMILE TIPS**



BRUSH YOUR TEETH 2X/DAY WITH FLUORIDE TOOTHPASTE.



CLEAN BETWEEN YOUR TEETH DAILY.



EAT HEALTHY FOODS AND LIMIT SUGARY BEVERAGES.



SEE YOUR DENTIST AT LEAST TWICE A YEAR.

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